

ENEWS IAAP DIVISION 8 HEALTH PSYCHOLOGY

November 2024

Contact Us

IAAP Division 8

Executive Committee

Prof. Yiqun Gan, President

Prof. Sonia Lippke, Past President

Prof. John de Wit, President-Elect

Dr. Diana Taut, Community Liaison

Dr. Karolina Zarychta, Secretary

More information about Division 8 and contact details can be found on the IAAP Division 8 webpages.

iaapsy.org/divisions/division8/



RECENT PROFESSIONAL ACHIEVEMENTS AND ACTIVITIES

Prof. Jennifer Inauen from University of Bern, Switzerland, will join prof. Yiqun Gan as Co-Editor in Chief of Applied Psychology: Health and Well-Being as of January 2025.



Andrian Liem from Monash University, Malaysia, just launched an e-comic entitled "Lika-liku Pekerja Rumah Tangga Migran Indonesia" (Twists and Turns of Indonesian Migrant Domestic Workers). This comic is based on the experiences of Indonesian domestic workers in Malaysia and is expected to give the readers an overview of the situation and journey of prospective and current migrant domestic workers outside Indonesia, which is rarely known to the public. This e-comic is a sample of participatory action research with the community to

improve their well-being. Free to download and distribute from [here](#).

Prof. Yiqun Gan (President of IAAP Div. 8) has been awarded a research grant by the National Natural Science Foundation of China entitled "Cognitive Neural Mechanisms of Stress-induced Eating and Their Intervention Pathways from a Stress Perspective" (no. 32471135). Moreover, prof. Yiqun Gan gave a plenary lecture "Stress and healthy dietary behavior" at International Conference of Mental Health Promotion, Shenzhen, China in December 2023 and co-chaired the IAAP Health Psychology Division Symposium "Health and Stress: Recent advances relating to nutrition a symposium" in July 2024.

Congratulations on all the above achievements.

RECENT PUBLICATIONS AND BOOK CHAPTERS

Gan, Y., Huang, H., Wu, X., & Meng, M. (2024). What doesn't kill us makes us stronger: insights from neuroscience studies and molecular genetics. *Current Opinion in Behavioral Sciences*, 59, Article 101431. <https://doi.org/10.1016/j.cobeha.2024.101431>

Gan, Y., Huang, H., Zhang, C., Wu, X., & Hu, J. (2024). Stress-related growth: Challenges and innovations in stress research in the digital age. *Journal of Sichuan Normal University (Natural Science Edition)*, 47(5), 1-11.

Gan, Y., Wang, L., Chen, Y., Zheng, L., Wu, X., Chen, G., & Hu, Y. (in press). Interactions of the CSF3R polymorphism and early stress on future orientation: Evidence for the differential model of stress-related growth. *Epidemiology and Psychiatric Sciences*.

Hu, Y., Wang, L., Chen, G., & Gan, Y. (2023). The moderating role of CSF3R and action control on the relationship between stress and healthy eating: Preliminary evidence of an individualized model of stress affecting healthy behavior. *Acta Psychologica Sinica*, 55(9), 1489-1500. <https://doi.org/10.3724/SP.J.1041.2023.01489>

Ma, J., Zhu, H., He, W., Qiang, X., Li, F., & Gan, Y. (in press). Online photography intervention reduces internet addiction during COVID-19: A randomized controlled trial.

INVITATION TO CONTRIBUTE TO ARTICLE COLLECTION

Dear Div. 8 members, you are invited to contribute to the Article Collection "Understanding and Predicting the Temporal Dynamics of Health and Wellbeing" in Health Psychology & Behavioral Medicine. You can do it [here](#). Manuscript deadline is 31 December 2024.

ANY NEWS TO SHARE?

You're very welcome to submit items for inclusion in the IAAP Division 8 eNews. The executive committee aim to contribute our eNews 5-times a year (February, April, June, October, December). Your news can be included if you sent it to Karolina Zarychta (gzarychta1@swps.edu.pl) by the 3rd Monday of the preceding month (January, March, May, September, November). Karolina will also send out calls for news ahead of preparing a new edition of this eNews.

