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March 2022: Healing pain by treating the mind	May 2024: The treatment of hoarding disorder:	March 2024: Preparing our communities for climate change	April 2024: Good for Your Body and Mind: The Psychological Science Connecting Physical Activity and Overall Well-Being	November 2023: How covid-19 change life for people terrified of needles	May 2024: New report on adolescent and young adult mental health treatment	April 2024: Habituation: Why People Fail to Notice Horrors Around Them	May 2024: Healing the Pain of Estrangement	May 2024: Profiles in Mental Health Courage	May 2024: In a decade of drug overdoses, more than 320,000 american children lost a parent
November 2021: The role of psychology in integrated healthcare: migraine, a work in progress	April 2024: Body dysmorphia: Signs, symptoms, and treatment:	June 2023: 50th world environment day	April 2024: Expressive Writing can help your mental health	April 2022: Addressing the pandemic's mental health fallout	April 2024: Youth Wellbeing: the young are now the most unhappy people in the world	November 2023: Coping with the trauma of war	May 2024: How to show up for a friend getting divorced	May 2024: Rising suicide rates for Black boys and men:	April 2024: Drug Education: New Approaches to Youth Substance Misuse
August 2021: The role of psychology in integrated mental health care: An international perspective	March 2024: Treating non-suicidal self-injury behaviors	March 2023: Psychologists share advice for Managing distress about earthquakes from afar:	April 2024: . Don't Bury Your Anger, Process It. Here's How	February 2022: Two years indo the pandemic, students still struggle with their mental health	April 2024: Ready or not, AI chatbots are here to help with Gen Z's Mental health struggles	November 2023: How does trauma haunt future generations?	May 2024: positive sibling relationships amongst latinos	April 2024: Orthorexia: The grey area between a diet and an eating disorder	March 2024: American life expectancy has dropped again. Here's why
October 2020: The Importance of Professional Psychology in Primary Health Care and Integrated Health Care	June 2023: The promise of brain stimulation treatments for depression	September 2022: How psychology can help fight climate change -- and climate anxiety	April 2024: A guide to starting your mental health journey:	February 2022: Economic behavior and the covid-19 pandemic	April 2024: Parenting: Your 9-Year-Old's Moodiness Might Be Puberty. Yes, Already	November 2023: How to cope with traumatic	April 2024: BOOK: 'The Best Minds: a story of friendship, madness, and the tragedy of good intentions'	April 2024: Socioeconomic discrepancies in mental health stressors: How a complicated benefits system lets some fall through the safety net	March 2024: What reducing alcohol can do for your health

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October 2020: Is the Biopsychosocial Model Widely Accepted in Medicine: The Example of Headache and Migraine?	April 2023: Exercise brings benefits for treatment of cancer	April 2022: Psychological first aid	April 2024: Optimal weight loss goals may be less than you think	November 2021: The world in the time of covid-19	March 2024: Study reveals how neighborhood violence alters kids' brain development	November 2023: Students exposed to trauma	March 2024: Love and algorithms: the future of dating apps	April 2024: Loss and Grief	March 2024: As opioid settlement money starts to flow in, states debate how to best use it
September 2019: Telepsychology in International Integrated Health Care	April 2023: Effectiveness of physical activity interventions for improving depression, anxiety and distress: an overview of systematic reviews	April 2022: Preparing and recovering from floods	April 2024: Attention: 'Popcorn Brain' Is Shortening Your Attention Span—Here's How to Refocus, Psychologists Explain	October 2021: Educators, counselors focus on mental health as students return to the classroom	February 2024: How Black churches could lead the way on teen mental health	November 2023: APA warns of psychological impact of violence in middle east	March 2024: A family's struggle with addiction in new memoir	April 2024: 'Preventing Dementia'	April 2023: Will future generations turn away from alcohol
September 2019: Future of Psychology Practice Initiative	January 2023: The opposite of schadenfreude is freudenfreude. Here's how to cultivate it	April 2022: Guidelines for provision of psychological support for people affected by disasters	March 2024: 5 ways to reduce stress in your body	October 2021: 5 tips form mental health experts on transitioning out of covid restrictions	January 2024: An explosion in sports betting is driving gambling addiction among college students	November 2022: How to stop mass shootings	January 2024: More couples are divorcing after age 50 than ever before	April 2024: Brain Injury: Profound Damage Found in Maine Gunman's Brain, Possibly From Blasts	November 2023: How to stop using alcohol as a confidence crutch
June 2019: The Critical Role of Psychology in an Integrated Primary Care Model	September 2022: Alzheimer's researchers are looking beyond plaques and tangles for new treatments	April 2021: Resources for disaster preparedness	March 2024: Your first step towards a better mood: better sleep	September 2021: Human cost of lockdowns in terms of isolation, loneliness, and economic devastation	November 2023: Talking to children about war	September 2022: APA resources for coping with mass shootings, understanding gun violence	November 2023: Depression after weaning can be a serious concerns for new moms	March 2024: States look to involuntarily hospitalize people to confront growing mental health crisis	January 2023: Drug overdose Deaths among Seniors Are Rising

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May 2019: Integrating Mental Health Care into Primary Health Care	July 2022: How to Assess and Intervene With Patients at Risk of Suicide	October 2019: “Summits, Strikes, and Climate Change: There are positive signs that the politics of climate change are changing in America.	February 2024: How to fail successfully	June 2021: transitioning to a post-pandemic world: how can psychological science assist others and us as psychologists?	November 2023: Reassuring preschoolers during a time of war	December 2021: coping with difficult days after a loss	November 2022: Talking about grief with Anderson Cooper	February 2024: 2023's mind bending revelations in the brain sciences	November 2022: The shocking rise in alcohol-induced deaths
	July 2022: APA Sponsored Webinar: Caring for Suicidal Patients	October 2019: Greta Thunberg tells UN leaders ‘we will never forgive you’	February 2024: 9 ways to reset your relationship with social media	March 2021: Why does the pandemic seem to be hitting some countries harder than others?	November 2023: Helping teens move beyond the fears that a time of war brings	October 2021: 20 years after 9/11, what have we learned about collective trauma?	August 2022: A post roe future: articles about the supreme court decision to overturn roe vs wade	February 2024: How psychology is shaping the future of technology	November 2022: Delivering a message: Alcohol causes breast cancer
	February 2022: Social media for psychological research in ethical, productive, and prosocial ways	October 2019: “The rise of ‘eco-anxiety’: climate change affects our mental health, too”	February 2024: How self-compassion can help reduce depression in women	March 2021: The awful uncertainty of the coronavirus death toll	June 2023: Recommendations for Adolescent Social Media Use	April 2021: The debate around mental illness, trauma, and memory	June 2022: USA: Restricting Access to Abortion Likely to Lead to Mental Health Harms	February 2024: An updated guide for managing menopause	November 2022: Drug and Alcohol/Substance Use Disorder: Six Revelations
	Essential science conversations: mixed feelings and mixed methods in psychological science	October 2019: David Attenborough - on the Australian Climate Record	February 2024: Awe and Wonder	March 2021: Professional Support for Health Center Executive Leaders: A Practice Model for Facilitated Dialogue Series during COVID-19	March 2023: What to do when your child hates school		May 2022: The need for paid parental leave	February 2024: Managing psychological distress following cardiac surgery	August 2022: Psyched up: the race to make psychedelic drugs part of mainstream medicine

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	January 2022: Essential science conversations: anti-racism in psychological science	October 2019: “Coping with Climate Change Stress”	January 2024: The crucial importance of self-care	March 2021: Ideas both for us as practitioners and for our clients: “Looking after your mental health during coronavirus (COVID-19) restrictions”	March 2023: Protecting children on-line		May 2022: Supporting parents via instagram	November 2023: How to help with math anxiety	April 2022: what's driving the dramatic rise in alcohol-related deaths during the pandemic?
		April 2019; January, 2019; June 2018; October 2017: Disaster Preparedness: Time for an International Approach	January 2024: Why we need hope	February 2021: There is a plethora of ways in which the pandemic has impacted our communities	January 2023: The new sext talk to have with teens -- why it's more important than ever		April 2022: Improving sibling relationships	November 2023: "I'd rather not know": Why we choose ignorance	October 2021: What can the brain tell us about teenagers more at risk of substance use?
		January 2019: How ready are we as psychologists to respond to these emergencies?	January 2024: It's ok to suck when you try something new	February 2021: Psychological impact of school closures on more than 258 million children who have missed school during 2020 (Jan 23, 2021)	September 2022: Why tween girls especially are struggling so much		February 2022: SES and Health: For new mothers, feeling low in social status poses risk to health	June 2023: Loneliness poses profound public health threat	
		October 2017: When disaster impacts your region	May 2023: A new resource for better mental wellbeing	February 2021: Pandemic-induced online screen addiction	September 2022: Lack of adequate mental health care places heavy burden on young people			June 2023: ADHD clinics capitalize on diagnosis explosion	

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			May 2023: There are better ways to study that will last you a lifetime	February 2021: Kids and COVID isolation & stress: What parents need to know:	August 2022: Ken burns film explores youth mental health			May 2023: The world obesity federation warns: more than half the world's population with be classed as obese or overweight by 2035 if action is not taken	
			May 2023: Want to make a change? Conjusr your 'possible selves'	February 2021: How the pandemic is impacting college students' mental health	August 2022: 14% of Students Say They Dropped Out of College Because of Mental Health Challenges			May 2023: Washington used to abhor talking about mental health. No more.	
			March 2023: Why our attention spans are shrinking	November 2020: Front-line workers and COVID-19: Tips for coping and enhancing resilience during the pandemic	March 2022: Why teens need more sleep, and how we can help them get it			March 2023: Why we need to decolonise clinical psychology	
			March 2023: How to stop ruminating	November 2020: How COVID-19 changed the world: the psychology of a pandemic	November 2021: Suicide rates rise in a generation of black youth			February 2023: A mental health tech company ran an AI experiment on real users. Nothing's stopping apps from conducting more.	

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			February 2023: Laughter really is contagious -- and that's good	November 2020: How the pandemic is complicating America's addiction crisis				November 2022: Are you in an anxiety crisis?	
			November 2022: Being physically inactive is expensive	November 2020: Parents juggling jobs and childcare under COVID-19				October 2022: Suicides from firearms prompt movement to address mental health stigmas	
			September 2022: For psychologists of color, self-care is much more than that	November 2020: How structural racism is magnifying the public health crisis				September 2022: Rollout of new national mental health hotline is the USA faces obstacles	
			September 2022: How to forgive ourselves for what we can't change	November 2020: Racial disparities in health outcomes pre-date the pandemic				August 2022: The Impact of Misinformation on Public Health	
			August 2022: Stop Doom Scrolling and Get Ready For Bed. Here's How To Reclaim a Good Night's Sleep.	November 2020: Telepsychology expands to meet the demand				July 2022: Loneliness, the costly silent killer	
			June 2022: 7 podcasts to support your mental health	November 2020: Guidelines for the use of telehealth for clinical neuropsychological services				June 2022: Mental health in the workplace	

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			June 2022: How many friends do you really need?	November 2020: Therapists face 'unusual' struggle triggered by remote sessions				May 2022: Prolonged grief disorder recognized as mental health condition	
			May 2022: How to keep anger from getting the best of you	November 2020: How laid-off Americans may fall through the cracks in the health system				May 2022: the burden of weight stigma	
			May 2022: Where creativity comes from and how to increase your own	November 2020:The economics behind racial coronavirus disparities:				May 2022: More psychological growth in less time	
			February 2022: How the science of habits can help us keep our new year's resolutions	November 2020: How structural racism is magnifying the public health crisis				April 2022: A crisis hotline grows, so do dears we won't be ready	
			December 2021: Reenvisioning self-care	October 2020: A Case Example: Embedded Practicing Psychologists functioning during the 2020 COVID19 Pandemic				April 2022: America's stress is spiking over inflation and war in ukraine	

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				October 2020: The World in the Time of COVID: International 'Snapshots' from the UK, Norway, Canada, Rwanda, and Rural USA				January 2022: Can we minimize instagram's harmful effects?	
				July 2020: Expected rise in prevalence of mental disorders and suicide rate				January 2022: coping with seasonal affective disorder during another pandemic winter	
				July 2020: Mental health -- the pandemic's next wave				December 2021: Anticipating difficult holiday interactions	
				July 2020 -- Covid-19 resources for psychologists, health-care workers and the public				November 2021: ADHD throughout the lifespan	
				July 2020: Ethical Guidance for the Covid-19 Era				October 2021: The enduring stigma surrounding borderline personality disorder	

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				July 2020: Fighting Inequity in the time of Covid-19				June 2021: Psychology's urgent need to dismantle racism	
				June 2020: Social equity and Covid-19				April 2021: Health practitiioners at the front line of sexual assault	
				June 2020: 'Stress in America 2020': Stress in the time of COVID-19				January 2019: Rural mental health Roundtable - Australia	
				June 2020: Modelling the mental health impacts of COVID-19: new epidemic of suicide predicted to be greater than all Corona Virus deaths:					
				June 2020: Australia's pandemic mental health care plan					

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				June 2020: Life after COVID-19: Making space for growth: In this time of grief, the theory of post-traumatic growth suggests people can emerge from trauma even stronger					
				June 2020: Working during COVID-19: Therapists share their telemental health experiences					
				June 2020: Treating anxiety and stress in front-line workers: A step-by-step CBT guide					
				May 2020: An account of ‘collaborative integrated health care’ in the time of COVID-19					
				May 2020: COVID-induced universal telehealth: wrecking ball or transformation?					

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				May 2020: “Doing telehealth well: adjusting your practice for COVID-19 Telehealth tips”					
				May 2020: Pandemic brings telehealth to the forefront					
				May 2020: Self-care advice for health-care providers during COVID-19					
				May 2020: Sleep sunlight and self-care: a psychiatrist's advice for pandemic mental health					
				May 2020: 5 questions about mental health during the pandemic answered by an expert					
				May 2020: A snapshot of the coronavirus pandemic's impact on working families					

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				May 2020: How the coronavirus' economic toll could also affect public health					
				April 2020: Integrating eMH into COVID-19 Telehealth Consultations					
				April 2020: The psychological impact of quarantine and how to reduce it					

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