

**Division of Professional Practice (Division 17)**  
**FEBRUARY E-News 2022**  
**Robyn Vines PhD: President**  
**Susan McDaniel PhD: President-Elect**



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**Tuesday, March 29<sup>th</sup>, 5-6:30PM New York time (Wed.am: AET).**
- **Items/resources of professional interest during January-February, 2022:**
  - Latest IAAP Webinar: Division 9
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- **January-February, 2022**
  - Snapshot of Events
  - The World in the time of COVID
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**Key Activities/News of Division of Professional Practice (Jan-Feb, 2022):**

- **Monthly E-News** - see: <https://iaapsy.org/divisions/division17/>  
Each month during the course of the year (January to December), we have provided a monthly ‘reflection’ on current events, including a ‘snapshot’ of the changing statistics in relation to the pandemic: *“The World in the Time of COVID”*.
- **WEBINARS: Presented by Division of Professional Practice**  
**Forthcoming: Third WEBINAR: 29.3.22**  
***‘Integrated primary care and the science of teamwork’***  
Professors Susan McDaniel and Eduardo Salas: a Joint initiative between Divisions 1 and 17 (Organisational Psychology & Professional Practice)  
**Tuesday, March 29<sup>th</sup>, 5-6:30PM New York time (Wed.am: AET).**  
**Second WEBINAR: March 29, 2021**  
***“The role of psychology in integrated healthcare: Migraine, a work in progress”***

<https://iaapsy.org/members/webinars/the-role-of-psychology-in-integrated-healthcare/>

**SPEAKER: Professor Paul Martin (Australia); DISCUSSANT: Professor James Bray (USA)**

**CONVENOR: IAAP Division 17 President: Dr. Robyn Vines**

*With special thanks to the IAAP Operations Team for organising this event so proficiently.*

**First WEBINAR: 15.5.19**

**“The Critical Role of Psychology in an Integrated Primary Care Model”**

**Speakers: Professor James Bray and Dr. Robyn Vines**

<https://iaapsy.org/members/webinars/the-critical-role-of-psychology-in-an-integrated-primary-care-model-presented-by-iaap-division-17/>

- **International Congresses:**  
**Professor Judith Gullifer (Monash University, Australia) is the ‘Division 17 Coordinator/Manager’ for ICAP, Beijing’ 2022 (now 2023).**  
Please email her: with lecture, symposia and poster ideas:  
Email: [judith.gullifer@monash.edu](mailto:judith.gullifer@monash.edu)

**Items/resources of potential interest during January-February, 2022:**

**Latest IAAP Webinar:**

**IAAP WEBINAR: "Economic Behavior and the COVID-19 Pandemic: Cooperation, Consumption, and Entrepreneurship"**

Presented by Division 9, Economic Psychology

Date/Time: Tuesday, January 18, 2022 16:00 UTC

**Talk 1: The Pandemic: Policy Decisions and Reflections on Strengthening Future Cooperation Between Citizens and the State:** Erich Kirchler

University of Vienna and Institute for Advances Studies; Vienna (Austria)

**Talk 2: The Consequences of Covid-19 for Entrepreneurship:** Ute Stephan

King’s College London; United Kingdom

**Talk 3: Did the Covid-19 Pandemic Curb Food Waste in Italian Households? Mediated Impacts via**

**Consumer Sentiments and New, Online Shopping Routines:** Roberta Iovino, Francesco Testa and John Thøgersen: Scuola Superiore di Studi Universitari e di Perfezionamento Sant’Anna, Italy; Aarhus University, Denmark.

**Talk 4: How Did COVID-19 Affect the Financial Provision for the Common Good?**

Cinzia Castiglioni & Edoardo Lozza

Faculty of Psychology, Università Cattolica; Milan (Italy)

**Webinar Organizers: Tomasz Zaleskiewicz, Erik Hoelzl, Fabian Christandl**

**(Items below: with thanks to the American Psychological Association):**



- **14 emerging trends for 2022:**  
The pandemic era has changed attitudes toward science and mental health

In 2022, psychological science will play an increasingly outsize role in the debate about how to solve the world's most intractable challenges. This year's trends reflect unprecedented tech funding, a crisis among children, intensifying climate change, new approaches to stigma, a reworking of work, and more.

See: <https://www.apa.org/monitor/2022/01/special-emerging-trends>

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### **“Do Your Own Research”: It’s Not That Simple.**

Skepticism around expertise on hotly contested issues has led to a growing belief that people need to do their own research before deciding where they stand on a complex issue. That doesn't initially sound like a bad idea, said University of Michigan social psychologist **David Dunning, PhD**, in a co-authored *New York Times* article, except that “when it comes to technical and complex issues like climate change and vaccine efficacy, novices who do their own research often end up becoming more misled than informed.” The authors' advice: “If you are going to do your own research, the research you should do first is on how best to do your own research.”

See: <https://www.nytimes.com/2022/01/03/opinion/dyor-do-your-own-research.html>



### **How the Science of Habits Can Help Us Keep Our New Year’s**

**Resolutions:** Why is it so difficult to make lasting behavioral changes? **Wendy Wood, PhD**, of the University of Southern California, joined APA's *Speaking of Psychology* podcast to discuss the research on how habits drive our behavior, why habits are so difficult to break, and how we can harness the power of habit to make the changes we want.

See: <https://www.apa.org/news/podcasts/speaking-of-psychology/behavioral-habits>

## **EVENTS, WEBINARS and NEW RESEARCH:**

- **Social Media for Psychological Research in Ethical, Productive, and Prosocial Ways**

Social media can be an incredibly useful tool for recruiting test participants, disseminating results, and stimulating public discussion about the practical implications of psychological research. It can be used to reach groups that are active online, including groups that may be difficult to connect with through traditional academic or professional communication networks.

Furthermore, psychologists have used insight gained from their own experience, their research, and the behavior of others to continually re-examine and improve on our ethical standards in research and practice. This session will discuss best practices for psychologists using digital communication tools in their work and examine some of the well-known unethical influence campaigns that have taken place on social media.

**February 16 at 12:00 p.m. ET: FREE 60-minute presentation:**

<https://register.gotowebinar.com/register/6437901583821128720>



- **Essential Science Conversations: Mixed Feelings and Mixed Methods in Psychological Science:**

Do qualitative and quantitative research methods differ in quality and rigor? This topic often elicits strong opinions within the scientific community. In this essential science conversation, we will discuss the ongoing debates and biases regarding these approaches and begin to chart a course for the future of our scientific discipline. Join our panel of experts, as they discuss current opinions, barriers, and solutions to help ensure our discipline thrives and we adhere to all our values as a science. This webinar is part of an APA series called “Essential Science Conversations,” where panelists and audience members can engage in open dialogues about emerging topics in psychological science. Panelists: Elizabeth Creamer, PhD, Professor Emerita, Virginia Polytechnic Institute and State University and Co-Editor in Chief of Methods in Psychology Joseph Gone, PhD, Professor of Anthropology and of Global Health and Social Medicine, Harvard University Eric Youngstrom, PhD, Professor of Psychology and Psychiatry, University of North Carolina at Chapel Hill Host: Mitch Prinstein, PhD, Chief Science Officer, American Psychological Association

See: <https://register.gotowebinar.com/register/8316517256834408717>

- **Understanding the No Surprises Act: How to provide estimates for your services**

Psychologists and other health care providers are now required by law to give uninsured and self-pay patients a good faith estimate of costs for services that they offer. Read APA’s updated guidance and resources on when and how to provide these estimates. ... Following the implementation of the [No Surprises Act](#) on January 1, 2022, many psychologists have expressed confusion and concern regarding the requirement to provide uninsured and self-pay patients with a good faith estimate (GFE) of the predicted cost of services. The GFE requirement under the No Surprises Act aims to give patients and consumers a clear sense of what upcoming health care services will cost.

See: <https://www.apaservices.org/practice/legal/managed/no-surprises-act>

**SES and Health: For new mothers, feeling low in social status poses risk to health, according to new research published by APA:**

When it comes to the link between socioeconomic status and health, perception can be as important as reality. A study published by the American Psychological Association finds that new mothers who see themselves as lower on the socioeconomic ladder have worse health outcomes one year after their child’s birth than new mothers who see themselves as higher status.

See: <https://www.apa.org/news/press/releases/2022/01/new-mothers-social-status>

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- **Please send further items and recommendations from your own Practice**

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**PREVIOUS ITEMS of interest: (see December, 2021/January, 2022 newsletters)**

**December, 2021 - January, 2022**

- **How can we minimize Instagram's harmful effects?**  
See: <https://www.apa.org/monitor/2022/03/feature-minimize-instagram-effects>
- **Coping with Seasonal Affective Disorder During Another Pandemic Winter**  
See: <https://www.healthline.com/health-news/coping-with-seasonal-affective-disorder-during-another-pandemic-winter#Tips-for-managing-SAD-and-COVID-19-anxiety>
- **HOLIDAYS: It’s Beginning to Look a Lot Like Holiday Social Anxiety**  
See: <https://www.nytimes.com/2021/11/24/well/mind/holiday-social-anxiety.html>

- **Re-thinking Work: The Great Resignation:**  
See: <https://www.bc.edu/bc-web/bcnews/nation-world-society/education/q-a-the-great-resignation.html>
- **Essential Science Conversations: Anti-Racism in Psychological Science**  
See: <https://www.apa.org/science/programs/essential-conversations>
- **Ideas re: facing current uncertainties:**  
*“Embracing Uncertainty: Achieving peace of mind as we face the unknown”:* by Susan Jeffers

#### **November – December, 2021:**

- **The promise and challenges of AI**  
<https://www.apa.org/monitor/2021/11/cover-artificial-intelligence>
- **Veterans Struggle With Issues That Are Often Invisible to Others**  
<https://www.nytimes.com/2021/09/07/us/politics/afghan-war-iraq-veterans.html>
- **Reenvisioning Self-Care:**  
<https://www.apa.org/monitor/2021/11/conversation-boxley>
- **Creating a Better Holiday:**  
<https://files.constantcontact.com/ac06501c401/8c72f84a-8acc-4856-9c8f-569810e95314.pdf>
- **Anticipating Difficult Holiday Interactions**  
<https://files.constantcontact.com/ac06501c401/b35d5901-008c-45c6-a545-ceb627eda965.pdf>
- **Coping with Difficult Days After a Loss**  
<https://files.constantcontact.com/ac06501c401/132f1d7e-272f-4ad2-bc2b-fdb51c3f35d9.pdf>

#### **January-February, 2022: “Snapshot of Events”:**

It has again been a turbulent month, with rapidly escalating/increasing cases of the Omicron variant world-wide, and ongoing lack of clarity as to when the COVID-19 pandemic will end. Economic impacts continue to devastate many parts of the world.

The one-year anniversary of the 2021 January 6<sup>th</sup> ‘invasion’ of Congress in Washington, the massive volcanic eruption in Tonga, with destruction of communications leaving outcomes unclear - and, most recently, the increasing conflict between Russia and the USA & European nations in relation to a potential invasion of Ukraine (as we write) – again highlight the uncertain times in which we live and practice professionally. These events affect all of us and our role with our clients (and ourselves) is to attempt to instill both confidence and hope in the ongoing purpose in their/our lives. The recent allegorical film: *“Don’t Look Up”* throws many of these issues into stark relief and raises interesting questions relevant to both COVID-19 and Climate Change – see:

[https://www.google.com/search?xsrf=AOaemvLsGy1\\_TJTvOX8fp505b338WmK0EA:1642845443885&q=Is+Don%27t+look+up+a+metaphor+for+Covid%3F&sa](https://www.google.com/search?xsrf=AOaemvLsGy1_TJTvOX8fp505b338WmK0EA:1642845443885&q=Is+Don%27t+look+up+a+metaphor+for+Covid%3F&sa)

#### **The World in the Time of COVID-19:**

As we write (21.1.22) the WHO Coronavirus Disease ‘dashboard’ indicates that there are now **340,543,962 confirmed cases of COVID-19** including **5,570,163 registered deaths** world-wide reported to the WHO - including a **world-wide increase of more than 61.4 million registered cases in the past month alone ...** (compared to: 27.12.21: 279,114,972 confirmed cases including 5,397,580 deaths; 23.11.21: 256,966,237 confirmed cases including 5,151,643 deaths; 25.10.21: 243,260,214 cases and 4,941,039 deaths; 21.9.21: 228,394,572 cases, 4,690,186 deaths; 23.8.21: 211,373,303 cases, including 4,424,341 deaths; 26.7.21: 192,284,207 cases; 4,136,518 deaths; 22.6.21: 178,202,610 confirmed cases; 3,865,738 deaths; 23.5.21: 166,346,635 confirmed cases, including 3,449,117 deaths; 5.21: 152,535,452 cases, 3,198,528 deaths; 22.3.21: 22,524,424 cases, 2,703,620 deaths; 22.2.21: 111,102,016 cases, 2,462,911 deaths; 25.1.21: 99,363,697 cases, 2,135,959 deaths; 28.12.20: 79,673,994 cases, 1,761,381 deaths; 23.11.20: 57,882,183 cases, 1,377,395 deaths; 29.10.20: 43,766,712 cases, 1,163,459 deaths; 26.7.20: 15,581,009 cases, 635,173 deaths; 20.6.20: 8,385,440 cases, 450,686 deaths; 26.4.20: 2.8million cases, 200,000 deaths).

**Vaccinations: As of 18.1.22, a total of 9,571,502,663 vaccine doses** of COVID-19 vaccine have been administered world-wide (compared to 27.12.21: 8,649,057,088; 21.11.21: 7,408,870,760 vaccine doses; 20.10.21: 6,655,399,359; 17.9.21: 5,776,127,976; 19.8.21: 4,562,256,778; 24.7.21: 3,646,968,156; 16.6.21: 2,413,847,050 vaccine doses). Sadly, the majority of these have been given in the developed world with less-well-off continents/countries still lagging (e.g. in Africa: COVID-19 vaccination rates stand at 7.35% for the continent, with many countries hovering around 1%, according to the Africa Centers for Disease Control)

**See: WHO:**

[https://covid19.who.int/?gclid=EAJaiQobChMIkPFX79Px7QIV2w0rCh2N\\_w2GEAAYASAAEgKQm\\_D\\_BwE](https://covid19.who.int/?gclid=EAJaiQobChMIkPFX79Px7QIV2w0rCh2N_w2GEAAYASAAEgKQm_D_BwE)

**COVID-19 Headlines: (21<sup>st</sup> January, 2022):**

- In Europe, the UK, USA, Australia and other locations, there has been a massive increase in case numbers in December-January due to the highly infectious (but apparently less lethal - except in terms of numbers) Omicron COVID variant. There are some signs, however, that these numbers are slowing and the Omicron peak may have passed.
- Since first arriving in Australia in mid-December, the Omicron variant of Covid-19 has spread widely and rapidly, with new infections, hospitalizations and deaths significantly exceeding previous peaks – although there are some tentative indications (as outlined above) that the number of infections may have passed its peak.
- **24.1.22:**
  - The Omicron variant of Covid-19 has continued to spread rapidly throughout much (though not all) of the world – with almost 61mn new infections so far this year including 21mn last week – but so far appears to be resulting in proportionately fewer deaths than earlier variants.
  - The weekly tally of new infections in South Africa, where the omicron variant was first detected, is now 86% below its peak in mid-December, offering some basis for hope that the ‘omicron wave’ may soon peak in other countries.
  - However, for so long as the progress of vaccinations remains as slow as it has been in developing countries, the risk of the emergence of new variants will remain high.

**For these and further details see Saul Eslake’s: ‘Coronavirus Impact Chart’:**

[https://drive.google.com/file/d/1epy7f53-oypxyiV2e9woLPm9qOMw\\_QfD/view](https://drive.google.com/file/d/1epy7f53-oypxyiV2e9woLPm9qOMw_QfD/view)

<https://www.saul-eslake.com/> and [Coronavirus Impact Chart Pack 2021-04-24.pdf](#) )

**Please contact us if you have items to share, questions to ask, ideas to put forward in relation to Division 17 activities.**

**We welcome contact from all our Members and those interested in joining.**



**Robyn F. Vines, Ph.D.**  
**President Division of Professional Practice**

**(February, 2022)**

**Division Website:** <https://iaapsy.org/divisions/division17/>

**Division Newsletters:**

- **October, 2020:**  
[https://iaapsy.org/site/assets/files/2044/div\\_17\\_october\\_newsletter.pdf](https://iaapsy.org/site/assets/files/2044/div_17_october_newsletter.pdf)
- **December, 2019: (End of Year Summary: 2019)**  
<https://iaap.createsend1.com/t/ViewEmail/t/CB562312D9AFD69D2540EF23F30FEDED>

**UNITED NATIONS INTEGRATED CARE INITIATIVE:**

See: [Integratinghealthintopriamrycare\\_pdf.pdf](#)

Also: [Integratingmhintopriamrycare2008\\_lastversion.pdf \(who.int\)](#)

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