Division of Professional Practice (Division 17)
OCTOBER E-News 2021

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Contents:
• Items/resources of potential Interest for Professional Practice
• Reflections on September-October:
• The World in the time of COVID
• Division 17 Activity: Early Career Marathon; ICAP

Items/resources of potential interest:

Mental health issues in the time of COVID:
Educators, counselors focus on mental health as students return to the classroom

After more than a year of restrictions and online schooling, educators and counselors are focusing on ways to assess the long-term social, emotional and mental impact of the pandemic on school children when they return to the classroom. Christopher Booker reports from Fairfield County, Connecticut as part of our ongoing series, “Roads to Recovery.” Aug 01, 2021 09:47 PM EDT

https://www.pbs.org/newshour/show/educators-counselors-focus-on-mental-health-as-students-return-to-the-classroom

5 tips from mental health experts on transitioning out of COVID restrictions: As we focus on "getting back to normal," experts say we need to talk more about what transitioning to a more open society will be like -- and what our 'new normal' will be like. Dr. Jessi Gold, a psychiatrist from the Washington University of Medicine in St. Louis, says conversations about mental health need to happen more often and not be hidden beneath the surface. Instead of trying to go back to "normal," we need to process what has happened during the pandemic in order to more forward. “All of us will be in a better, more healthy place if we can talk about things -- including our feelings -- out loud,” Gold said.

HAVE MORE CONVERSATIONS ABOUT MENTAL HEALTH https://youtu.be/-URmPFZccEQ  Gold says conversations about mental health need to happen more often and be less under the surface. May 31, 2021 09:28 PM EDT

https://www.pbs.org/newshour/health/5-tips-from-mental-health-experts-on-transitioning-out-of-covid-restrictions

The Case for Kindness

Being kind is not only the right thing to do—it’s also good for our physical and mental health. Psychologists have found that performing acts of generosity boosts happiness and well-being and can improve our physical health. Commit to 21 days of kindness this September with Born This Way Foundation’s #BeKind21 campaign.


The enduring stigma surrounding Borderline Personality Disorder: Borderline Personality Disorder is one of the most stigmatised and misunderstood mental health conditions. It affects a significant number of people in the community, a large proportion of them having suffered trauma early in life. The emotional instability, fear of abandonment and patterns of self-harm can alter someone’s life and that of their loved ones in profound ways.

But the enduring stigma around BPD means it often goes unrecognised or not properly treated and many fall through the cracks. Duration: 28min 27sec; Broadcast: Mon 20 Sep 2021, 5:30pm

https://www.abc.net.au/radionational/programs/healthreport/the-enduring-stigma-surrounding-borderline-personality-disorder/13549764
The origins of The Black Death: Bad as COVID has been, there's no pandemic in history that's come close to the devastation of plague - at least what's called the second plague pandemic, better known as the Black Death. It took off in the mid 14th century and within a few years had killed maybe 25 or 30% of Europe's population and then came in waves for four hundred years. Plague is an infection of rodents which jumps to other animals and humans and kills from pneumonia and septicaemia. Like all pandemics, plague was exquisitely tuned to environmental changes, international politics, warfare, disadvantage and the way humans lived and there's a lot that we can learn from it in the time of COVID. 6mins 56secs; Mon 6 Sep 2021, 5:45pm

What can the brain tell us about teenagers more at risk of substance use?
Many parents have angst about the pressures their teenagers will face to try cannabis, alcohol and other illicit drugs. 5mins 41secs Mon 23 Aug 2021, 5:40pm

Reflections on September-October - “Snapshot of Events during the past month”:
Again, it’s been a turbulent/momentous month since we last wrote - with key events including:

- **Withdrawal from Afghanistan:**
  The Western Allied withdrawal from Afghanistan – some saying controversy is more about the means by which it happened and the tragic consequences, than the event itself.
  Afghanistan's Taliban prohibit girls from attending secondary school
  Across Afghanistan, secondary schools have reopened for the first time since the Taliban took power last month. But, there aren't any females in the classroom, with only boys and male teachers allowed back in schools. Guest: Rahela Sidiqi, director, Farkhunda Trust for Afghan women's Education
  Producer: RN Breakfast's International Editor, Linda LoPresti; Duration: 7min 22sec; Broadcast: Mon 20 Sep 2021

- **20th Anniversary of 9/11: Remembering 9/11:**
  'The events of 9/11 rocked the United States and caused reverberations in domestic and foreign policy for decades':
  - https://www.pbs.org/newshour/tag/9-11

20 Years After 9/11, What Have We Learned About Collective Trauma?
- https://www.apa.org/research/action/speaking-of-psychology/9-11-twenty-years

Vulnerable Communities in Post-9/11 America:

- **Times of change:**
  o **Elections:** Canadian (with Prime Minister Trudeau ‘potentially miscalculating’ a swing towards him as a result of him having arguably ‘dealt well’ with the COVID-19); German (with Angela Merkel stepping down after 16 years) and Russian elections.
The World in the Time of COVID-19:
As we write (21.9.21) the WHO Coronavirus Disease ‘dashboard’ indicates that there are now **228,394,572 confirmed cases** of COVID-19, including **4,690,186 registered deaths** world-wide an increase of nearly 17 million registered cases in the past month alone...

(23.8.21): 211,373,303 confirmed cases, including 4,424,341 deaths world-wide; 26.7.21: 192,284,207 cases; 4,136,518 deaths; 22.6.21: 178,202,610 confirmed cases; 3,865,738 deaths; 23.5.21: 166,346,635 confirmed cases, including 3,449,117 deaths; 5.2.21: 152,535,452 cases, 3,198,528 deaths; 22.3.21: 22,524,424 cases, 2,703,620 deaths.

**Vaccinations:** As of 17.9.21: a total of **5,776,127,976 vaccine doses** have been administered world-wide (compared to 19.8.21: 4,562,256,778; 24.7.21: 3,646,968,156; 16.6.21: 2,413,847,050 vaccine doses).

See: WHO: [https://covid19.who.int/](https://covid19.who.int/)

**DIVISION ACTIVITY (SEPTEMBER - OCTOBER, 2021)**

- **IAAP Early Career Marathon:**
  As mentioned last month: The Division of Professional Practice is participating in the first IAAP Early Career Marathon: a dynamic on-line conference, integrating research and practice.
  
  **As outlined by the IAAP President: Professor Christine Roland-Levy:**
  
  “The Early Career Marathon is a one-of-a-kind virtual event dedicated to student and early career psychologists. Selected participants have submitted a brief presentation (15 minutes) on their research to be reviewed by top psychologists around the world. Presentations and reviews will be shown during a 24-hour marathon with time for questions and answers. The marathon will start on Saturday, October 16 at 8:00 AM UTC and end Sunday, October 17 at 8:00 AM UTC. Awards will be given for the top two presentations overall and the top presentation from each continent.”

  For further information about the Marathon, please contact:
  
  Nicole Brandt | IAAP Operations Center Manager:
  
  phone: +1 317 205 9480 
  nbrandt@hollandparlette.com

- **The International Congresses:**
  
  **ICAP, 2022 (now 2023):** Professor Judith Gullifer (Monash University, Australia) is our ‘Division 17 Manager for ICAP, Beijing’ (now: July, 2023). Please email her: with lecture, symposia and poster presentation ideas: judith.gullifer@monash.edu
  

Please contact us if you have items to share, questions to ask, ideas to put forward in relation to Division 17 activities.
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President Division of Professional Practice

(October, 2021)

Division Website: https://iaapsy.org/divisions/division17/

Division Newsletters:
- December, 2019: (End of Year Summary: 2019) https://iaap.createsend1.com/t/ViewEmail/t/CB562312D9AFD69D2540EF23F0FEDED

Division 17 E-News Bulletins:
- Link to Division Website: https://iaapsy.org/divisions/division17/

UNITED NATIONS INTEGRATED CARE INITIATIVE: