## Division of Professional Practice (Division 17) AUGUST E-News 2021

Robyn Vines PhD: President Susan McDaniel PhD: President-Elect



President
Robyn F. Vines, Ph.D.
School of Medicine
Western Sydney University
Australia



President-Elect
Susan McDaniel
Depts. of Psychiatry & Fam Med
University of Rochester Medicine
USA

#### Emails:

- robynvines@bigpond.com; r.vines@westernsydney.edu.au
- SusanH2\_McDaniel@URMC.Rochester.edu

#### **Contents:**

- Reflections on July-August
- Division 17 Activity
- The World in the time of COVID
- 'News item'

#### **Reflections on July-August:**

As the deadline for each monthly E-News comes around, it gives reason to reflect on the month just past, and the professional implications of current world events. As has been the case for the past eighteen months, it's been an unprecedented time/month of change, turbulence and unpredictability.

- COVID-19: As I write from Australia (26.7.21), half the country's population is in lockdown (again) largely due to the advent of the 'Delta variant', the slow roll-out of vaccines, consequent upon the nation's early success in keeping COVID-19 numbers down and the vaccine hesitancy that has arisen about Astra Zeneca (AZ) the main available vaccine. Recent statistics have indicated 6 deaths (from a rare blood-clotting disorder) in 6 million vaccinated with AZ in Australia, compared to lethality of 1 in 100 cases of COVID-19. The Government is therefore re-advocating that all who can should use it, until supplies of alternatives are more readily available (there is no capacity yet to manufacture MNR vaccines 'on shore'). This highlights the *ongoing balancing act of vaccination vs lockdown* across the world as the most efficacious means of 'keeping ahead' of the mutating virus. In each country the chosen strategy seems to be different e.g. 'freedom day in the UK' indicated optimism that the high(er) level of vaccination will prevail against rising case numbers (see below for a further snapshot of "The World in the time of COVID-19").
- Geopolitically, the month has been turbulent with the rapid withdrawal of the USA and its
  allies from Afghanistan, well ahead of the scheduled 1<sup>st</sup> September deadline, leaving a

vacuum that the Taliban are rapidly re-filling. The plight of Afghanistan's women and children, the likely reversal of any educational gains made over the 20-year 'occupation' and the desecration of civil institutions, makes the world wonder what the many years, casualties and trillions of dollars was about? There is a distinct sense of 'déjà vu' as the 40-year-cycle of violence, since the 1978 coup (and earlier), is replayed. We can only hope that the people's (and specifically women's) rights to safety and equality prevail. ....

**Myanmar/Burma** has also gone through a worsening situation during the past month as the military junta 'digs in' against the people, reducing oxygen supplies, specifically targeting doctors and other health professionals and allegedly using COVID-19 as a 'tool' to subdue resistance.

Also during this month, **Germany** has had the worst **floods** on record; the **USA** and **Canada** have had the worst **fires** on record (as did Australia in 2020/2021) – highlighting the growing 'backdrop' of climate change and environmental disasters to other world events. The urgency to address these issues keeps growing exponentially.

 Sport: The Olympics in Tokyo this month (again held under un-precedented conditions with few spectators), together with Wimbledon (free from lockdown) and other 'world sporting fixtures' have provided 'light relief', enabling some reprieve from the unrelenting growth of concern about the above.

All of the above events are impacting our clients as they are us, even if not 'forefronted' in sessions. The interview on the 'mental health of the collective' (referred to below) addresses these shared dilemmas.

#### **DIVISION ACTIVITY (JULY-AUGUST, 2021)**

#### **International Congresses:**

- ICP: The International Congress of Psychology in Prague (our own "Olympics"), initially scheduled for July, 2020, was held 'virtually' last week (July 18<sup>th</sup> 23rd, 2021)
   See:
  - o <a href="https://icp2020.events.whova.com/">https://icp2020.events.whova.com/</a>
  - o <a href="https://www.icp2020.com/scientific-program/scientific-programme/">https://www.icp2020.com/scientific-program/scientific-programme/</a>

The **Division of Professional Practice** team presented an on-line symposium (via zoom) entitled: <u>"The role of psychology in integrated mental health care: an international perspective".</u>

Brief Description of the Symposium: An overview of integrated psychological service delivery in the primary care setting in a number of western countries. The aim of integrated care is to redress the ongoing "medicalisation of unhappiness" across the western world and the sub-optimal care provided in which medication is still frequently the first (and often only) treatment of choice, leaving the crucial psychosocial dimensions of mental and general health under-treated. The smaller-than-usual team of symposium participants will canvas progress in their specific countries and provide an up-date on key issues relevant to this mode of practice. All welcome to attend! (see website above)

- ICAP, 2022 (now 2023): we are delighted to announce Professor Judith Gullifer (Monash University, Australia) has agreed to be our 'Division 17 Manager for ICAP, Beijing' (now: July, 2023). Judith will contribute her expertise in inviting and selecting keynotes, symposia and other presentations for the Division of Professional Psychology.
- The "Each One Reach One" campaign (which concluded July 8th, 2021):

#### The IAAP Operations Centre indicated (email: 13.7.21):

"Thank you to everyone who participated in the first Each One, Reach One campaign - it was an overwhelming success! We (the IAAP) set out to gain 101 new members in our 101st year, and you all met the challenge and helped to bring 207 new members into the IAAP network. New members from new regions of the world allow IAAP members valuable networking and learning opportunities from colleagues in all parts of the world".

See Appendix A (at the end of this E-News) for the profile provided of the 207 new members

**Congratulations to Division 1: Organisational Psychology** for initiating this excellent campaign.

We encourage you to continue to recruit those whom you feel would be interested in joining the IAAP and Division 17: Professional Psychology:

See: https://iaapsy.org/membership/join/type

- benefits of IAAP Membership: https://iaapsy.org/membership/
- Division of Professional Practice: <a href="https://iaapsy.org/divisions/division17/#">https://iaapsy.org/divisions/division17/#</a>
  Fee Structure for the IAAP: (see table below):

	1 YEAR	2 YEAR	4 YEAR
TYPE A high-income countries	\$80	\$160 \$120	<del>\$320</del> <b>\$224</b>
TYPE B upper-middle-income countries	\$70	<del>\$140</del> \$105	<del>\$280</del> \$196
TYPE C lower-income countries	\$26	<del>\$52</del> \$39	<del>\$104</del> \$73
EARLY CAREER psychologists worldwide in the first two-years of their career	\$50	\$ <del>100</del> \$75	
STUDENTS students worldwide	\$15	\$30 \$20	
SIOP and EAWOP members	\$70	<del>\$140</del> \$105	

#### July-August: 'Monthly Snapshot'

• The World in the Time of COVID-19:

As we write (26.7.21, the WHO Coronavirus Disease 'dashboard' indicates (from 23.7.21) that there are now **192,284,207** confirmed cases of COVID-19, including **4,136,518** deaths world-wide, an increase of more than **14** million cases world-wide in a month ...(compared to 22.6.21: 178,202,610 confirmed cases; 3,865,738 deaths; 23.5.21: 166,346,635 confirmed cases, including 3,449,117 deaths; 5.21; 152,535,452 cases, 3,198.528 deaths; 22.3.21: 22,524,424 cases, 2,703,620 deaths; 22.2.21: 111,102,016 cases, 2,462,911 deaths; 25.1.21: 99,363,697 cases, 2,135,959 deaths; 28.12.20: 79,673,994 cases, 1,761,381 deaths; 23.11.20: 57,882,183 cases, 1,377,395 deaths; 29.10.20: 43,766,712 cases, 1,163,459 deaths; 26.7.20: 15,581,009 cases, 635,173 deaths; 20.6.20: 8,385,440 cases, 450,686 deaths; 26.4.20: 2.8million cases, 200,000 deaths).

As of **24 July 2021**, a total of **3,646,968,156 vaccine doses** have been administered worldwide (compared to 16.6.21: **2,413,847,050 vaccine doses**).

See: WHO:

https://covid19.who.int/?gclid=EAIaIQobChMIkPfX79Px7QIV2w0rCh2N\_w2GEAAYASAAEgKQm\_D\_BwE For further details see Saul Eslake's: 'Coronavirus Impact Chart': https://www.saul-eslake.com/ and Coronavirus Impact Chart Pack 2021-04-24.pdf)

## 'News Item': How to improve the 'mental health of the collective' – an interesting interview.

### Under lockdown, we need to think about the mental health of the collective

More than half of Australia is under strict lockdown measures due to a recent outbreak of the virulent Delta strain. Humans are social animals, and loneliness and disconnection are beginning to take a toll. What can we do to improve not only our own mental health, but the collective mental health of families, friends and colleagues?

Saturday Extra, ABC (Australian Broadcasting Commission) with Geraldine Doogue

 $\begin{tabular}{ll} \textbf{See:} & \underline{https://www.abc.net.au/radionational/programs/saturdayextra/collective-mental-health/13468294} \\ \end{tabular}$ 

Guest: Professor Ian Hickie, Co-Director, Health and Policy at The University of Sydney's Brain and Mind Centre. Duration: 17min 35sec; Broadcast: Sat 24 Jul 2021, 8:05am

Please contact us if you have items to share, questions to ask, ideas to put forward in relation to Division 17 activities.



Robyn F. Vines, Ph.D.
President Division of Professional Practice
(August, 2021)

Division Website: https://iaapsy.org/divisions/division17/

Division Newsletters:

https://iaapsy.org/site/assets/files/2044/div 17 october newsletter.pdf

• December, 2019: (End of Year Summary: 2019) https://iaap.createsend1.com/t/ViewEmail/t/CB562312D9AFD69D2540EF23F30FEDED

**Division 17 E-News Bulletins:** 

• Link to Division Website: https://iaapsy.org/divisions/division17/

**UNITED NATIONS INTEGRATED CARE INITIATIVE: LINK** 

# **Appendix A:**

## **Profile of the 207 new IAAP members**

(provided by the IAAP Operations Centre)

# **GROWTH**





