

# Division 6: Clinical & Community Psychology

### **IAAP Division 6 Newsletter, Winter 2020**

#### From the President....

COVID-19 is on everybody's mind as the world faces this unprecedented pandemic. I want to devote this edition of the newsletter to resources that may be of assistance to you. These include fact sheets, WHO and U.S. government websites, and observations. I know many of you are working on the front lines to address needs in your communities. Keep up the good work!

## CORONAVIRUS INFORMATION & RESOURCES

#### **World Health Organization**

Primary information site <a href="https://www.who.int/health-topics/coronavirus#tab=tab">https://www.who.int/health-topics/coronavirus#tab=tab</a> 1

#### <u>Psychosocial Issues in the Coronavirus Response</u>

- COVID-19's Psychosocial Impacts: The pandemic is putting enormous stress on all of us, but especially on health care workers and other specific groups <a href="https://blogs.scientificamerican.com/observations/covid-19s-psychosocial-impacts/">https://blogs.scientificamerican.com/observations/covid-19s-psychosocial-impacts/</a>
- Psychological aspects of quarantine: Rapid review of the evidence.



Greetings, Fellow IAAP Members! 1 am delighted to serve as President of IAAP's Division 6. For those who don't know me, I am Daniel Dodgen, Ph.D., a Clinical Psychologist working in public policy. My activities encompass children's health, emergency preparedness, disaster response, terrorism, mass violence, climate change and opioid addiction. I previously worked at the American Psychological Association following a Congressional Fellowship with the U.S. House of Representatives. 1 serve on the IAAP Board of Directors and the Task Force on Psychology and Terrorism. I am a licensed clinical psychologist in Washington, DC.

https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(20)30460-8/fulltext#%20

- Coronavirus and Mental Health: Taking Care of Ourselves During Infectious Disease Outbreaks.
  <a href="https://www.psychiatry.org/news-room/apa-blogs/apa-blog/2020/02/coronavirus-and-mental-health-taking-care-of-ourselves-during-infectious-disease-outbreaks">https://www.psychiatry.org/news-room/apa-blogs/apa-blog/2020/02/coronavirus-and-mental-health-taking-care-of-ourselves-during-infectious-disease-outbreaks</a>
- Fact sheets on Coronavirus and various aspects of mental health: <a href="https://protect2.fireeye.com/url?k=9b17ab70-c743825b-9b179a4f-0cc47a6d17cc-fbc52a850eea60a8&u=https://www.cstsonline.org/resources/resource-master-list/coronavirus-and-emerging-infectious-disease-outbreaks-response</a>
- Public responses to the novel 2019 coronavirus (2019-nCoV) in Japan: Mental health consequences and target populations.
  <a href="https://onlinelibrary.wiley.com/doi/full/10.1111/pcn.12988">https://onlinelibrary.wiley.com/doi/full/10.1111/pcn.12988</a>
- Parent/Caregiver Guide to Helping Families Cope with the Coronavirus Disease.
  <a href="https://www.nctsn.org/resources/parent-caregiver-guide-to-helping-families-cope-with-the-coronavirus-disease-2019">https://www.nctsn.org/resources/parent-caregiver-guide-to-helping-families-cope-with-the-coronavirus-disease-2019</a>

#### **U.S. Department of Health & Human Services**

Centers for Disease Control & Prevention (CDC).

- Overall Information on COVID-19: https://www.cdc.gov/coronavirus/2019-ncov/index.html
- Community Mitigation Strategy: <a href="https://www.cdc.gov/coronavirus/2019-ncov/downloads/community-mitigation-strategy.pdf">https://www.cdc.gov/coronavirus/2019-ncov/downloads/community-mitigation-strategy.pdf</a>

The Substance Abuse and Mental Health Services Administration (SAMHSA)

• Guidance and resources to assist individuals, providers, communities, and states across the country. https://www.samhsa.gov/coronavirus

Assistant Secretary for Preparedness and Response

- Behavioral Health Tips for Responders: Maintaining Calm at a POD
- ASPR response information page. https://www.phe.gov/emergency/pages/default.aspx

#### Want To Be More Involved in Division 6?

Community and clinical psychologists are actively engaged in addressing the challenges that face our world. We are addressing our community's mental health and substance abuse needs while addressing the consequences of public health emergencies.

Unfortunately, the work we do can be so demanding that we don't always have time to tell our peers about what we are learning. Division 6 has always sought to be a forum for sharing information and learning from one another. Every member has something to contribute, and I am asking for your ideas on how we can do so.

- Would you like to contribute an article to the newsletter about your research?
- Would you like to contribute an article to the newsletter about your clinical work?
- Would you like to contribute an article to the newsletter about unique aspects of community and clinical psychology in your country?
- Are you interested in serving as a leader in the Division? We welcome help producing the newsletter and developing an Executive Committee for the Division. There are many ways to contribute.
- If you are not ready to commit to one of the ideas above, we still want to hear from you. Let us know how the newsletter might be most useful to you.

Thank you to everyone for your commitment to IAAP, Division 6, and the people you serve in your communities. I appreciate you. You can reach me at <a href="mailto:DrDanDodgen@gmail.com">DrDanDodgen@gmail.com</a>.

#### Daniel



#### CCAP!

The Centennial Congress of Applied Psychology will be held in Cancun, Mexico, December 13-17, 2020. Presentation proposals are now being accepted. The organizers are particularly interested in applied research and work that involves evidence-based interventions. For more information or to submit an abstract, please go to www.ccapcancun2020.com.