

IAAP E-News (November, 2019)
Division 17
Division of Professional Practice

November, 2019:

INTERNATIONAL CONGRESSES / SYMPOSIA

Division 17: Professional Practice continues to organize symposia at various international meetings and congresses to focus on advances in professional practice and especially the role of psychology and the psychologist in integrated primary healthcare. This is in line with current initiatives at the United Nations focusing on optimal early intervention in primary care to facilitate mental health and wellbeing. .

- **2020:**
 - **Double-symposium at ICP in Prague: (July)**
 - **Symposia at the 100th / Centennial Congress of Applied Psychology in Cancun: (December)**

(See previous newsletters - please contact us if you would like to contribute.)

- **2019:**
 - **Division 17 Members presented at two key symposia at American Psychological Association Convention in Chicago, Illinois (Thursday 8th – Sunday 11th August, 2019)**

ITEMS OF INTEREST:

- **New APA Webinar Series: Telepsychology Best Practices 101**
In light of Division 17's commitment to **integrated care** (as outlined above) and **equitable service delivery in rural areas**, this new APA series of webinars is of particular interest.
NEW – Telepsychology Best Practice: A FOUR-PART SERIES
(CE Credits: 2 per webinar)
Starting 2.00pm EST (USA): 13th November
<https://apa.content.online/catalog/product.xhtml?eid=15132>
The Telepsychology Best Practices 101 training series is an introduction to the ins-and-outs of real-world telepsychology. Each 2-hour webinar details the competencies needed for tele-practice, including critical ethical, legal, clinical, and technical issues, together with reimbursement strategies. The series discusses practical ways to leverage a variety of technologies with a focus on video conferencing. As an introduction to the field, this training series outlines a variety of routes to reach more people, to lower your overhead and to focus on the specialty area(s) that interest you most.
- **Book on behavioural health: - a MUST for those interested in Integrated Care.**

“Lifestyle Medicine: Lifestyle, the Environment and Preventive Medicine in Health and Disease”: Edited by Garry Egger, Andrew Binns, Stephan Rossner and Michael Sagner.

This interesting and comprehensive book (*Academic Press, 2017*) highlights **“the background and basis for the role of lifestyle factors in chronic disease prevention and treatment”**. Focusing on key lifestyle management factors of: sleep, diet/nutrition and exercise, as well as other key areas such as addictions (alcohol, smoking, recreational drugs, caffeine, etc.), prescription medicines, social activity (vs. loneliness – now known to be a greater risk to health and wellbeing than obesity) – it provides interesting insights into the future of health care and lifestyle interventions.

A key question remains: why is this referred to as *‘lifestyle medicine’*? when so much of it is *psychology!*

IAAP WEBINAR: “Integrated Multidisciplinary Mental health Care”

Please go to the IAAP Website to view Webinar with Professor James Bray and Dr Robyn Vines, broadcast earlier this year by Division 17.



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LINKS:

- [UNITED NATIONS INTEGRATED CARE INITIATIVE](#)
- [PREVIOUS NEWSLETTERS](#)