

### Postdoctoral Research Associate Position at the University of Sheffield, UK

“We are seeking a highly motivated Research Associate to work on a research project in the Department of Psychology at the University of Sheffield in the UK. Situated at the interface of behaviour change science and positive psychology, the project will investigate how people respond to set-backs when pursuing their goals and explore ways to help people to respond with self-compassion. Our aim is to develop a theoretical framework and tools that can be applied across a variety of settings (for example, health behaviours, parenting, managing deadlines). As such, this research has important implications for our understanding of self-compassion, of how people respond to lapses in goal pursuit and, how to promote effective self-regulation and help people to make changes to their behaviour. The project is funded for 3-years by the Economic and Social Research Council (ESRC) in the UK.

You will work with Dr Fuschia Sirois (<http://sirois-lab.group.shef.ac.uk/>) and Dr Thomas Webb ([www.sheffield.ac.uk/psychology/staff/academic/thomas-webb](http://www.sheffield.ac.uk/psychology/staff/academic/thomas-webb)) to carry out the research described above. This will involve designing and developing materials, applying for ethical approval, recruiting participants, managing the datasets, analysing the data and preparing reports for publication and disseminating the findings via social media, academic conferences, and engagement with potential users. The position will provide you with the opportunity to sharpen your theoretical skills, broaden your applied research experience, and gain valuable experience engaging with non-academic stakeholders.

You should have a good honours degree (or equivalent experience) in psychology or a related discipline and a PhD (or be close to completion) in psychology or a related discipline (or equivalent experience). You should also have well-developed skills with respect to designing, conducting, analysing and presenting the findings of questionnaire and experimental research, and excellent organisation, communication, and collaboration skills. Knowledge of contemporary research on self-regulation, self-compassion, individual differences, and social psychology more broadly would also be an advantage.

For more details, please follow the link to current vacancies from this link <https://www.sheffield.ac.uk/jobs> and enter job reference number UOS022973”