NEW BEHAVIOR AND HEALTH DIVISION

On January 12, 2021, the Chinese psychological society approved the establishing of a Behavior and Health Division.

Yiqun Gan, IAAP Division 8 president-elect, was elected as the founding president of this new CPS division. The inaugural conference of the division will be held in Shandong, from 24 to 26 September 2021. Four professors of IAAP Division 8 (Brian J. Hall, Sonia Lippke, Aleksandra Luszczynska, and John de Wit) speak at the inaugural conference.

NEWLY PUBLISHED SPECIAL ISSUE

German Journal of Human Resource Management: ‘Always on, never done? How the mind recovers after a stressful work day’. This special issue, consisting of an editorial five articles and an interview, aims to bridge the gap between research on recovery processes mainly examined in occupational health psychology, and research on work stress and working hours, often investigated in the field of Human Resource Management.

See: https://journals.sagepub.com/toc/GJH/current

REFLECTION ON DIVISION 8 WEBINAR

Mobility, Migration and Mental Health: Translation to Action, presented by Division 8, as part of the IAAP webinar series.

Six experts from the USA, China, Netherland and Germany participated in this webinar on 22 April, 2021, organized and moderated by Prof. Yiqun Gan, president elect of Div. 8 IAAP. Prof. Brian J. Hall provided an overview of his research on how to conduct and evaluate effective interventions to improve migrants’ physical and mental health. Prof. Danhua Lin shared her views on how to design and develop theory and evidence-based health promotion programs among migrant population. Prof. Sita G. Patel gave a presentation on the psychosocial implications of family separation and reunification among unaccompanied immigrant adolescents. Prof. John de Wit contributed a presentation on mental health and the social drivers of psychological vulnerability in LGBT-refugees. Prof. Sonia Lippke concluded with a summary and reflection.
The audience appreciated the focus on mobility and migration of people as this has been identified as one of the most important contemporary phenomena and an increasingly necessary component of economic and social development in today’s globalized world. The presentations showed that mobility can lead to physical and psychological vulnerability, is of relevance for health psychologists. Migrants face stressors such as high risk of exposure to traumatic events, low social status, poor social integration, separation from their family and familiar social surroundings, and barriers to access to needed health services. The discussion ranged around the key risk and protective factors that mediate or moderate the effect of migration on the health of migrants, the conduct and evaluation of effective intervention to improve migrants’ physical and mental health, and the gaps in our knowledge about migration, mobility and health.

The meeting concluded that, despite its social relevance, the impact of migration on health remains an understudied topic in the different areas of psychology. It was also noted that limited psychological research has been conducted on the impact of internal migration on health in developing countries and regarding international migration from low- and middle-income countries. The increasing recognition of the importance of migration on mental health outcomes warrants a more comprehensive examination of psychological research and its effective translation and implementation. Health psychology, but also other divisions of IAAP, can contribute accordingly. This webinar motivated to formulate and prioritize a translational research agenda that is responsive to real-world needs. More work is needed from health psychologists and other fields.

RECENT PUBLICATIONS

This is the small selection of member publications that were brought to the attention of the newsletter editor. Please send us recent publications for inclusion in the next newsletter.

Books


Papers


measurement properties and patients’ mental health status. *International Journal for Quality in Health Care, 33*(2), mzabo63. doi: 10.1093/intqhc/mzabo63


Classic chapters
Dr. Edwin Locke shared details of seminal chapters also of interest to health psychologists. For more information, please contact the IAAP Division 8 secretariat (j.dewit@uu.nl).


NEWS TO SHARE?
You’re very welcome to submit items for inclusion in the IAAP Division 8 ENews. The executive committee aims to contribute to IAAP eNews 5-times a year (February, April, June, October, December). Your news can be included if you sent it to John de Wit (j.dewit@uu.nl) by the second Monday of the preceding month (January, March, May, September, November).