

Dear Division 8 members,

The European Health Psychology Society (EHPS) will have its annual conference this September in Dubrovnik, Croatia.

We are happy to inform you that an integrative symposium on behalf of division 8 has been accepted!

The title is: **IAAP-Division 8-Symposium-Individuals' health, behavior and coping: professionals and community-based, participatory approaches to promote individuals' health.**

Here are few details about the Symposium:

Convener details: Sonia Lippke (President of Health Psychology Division of IAAP)

Chairs: Urte Scholz (Past President IAAP Div. 8), **Yiqun Gan** (Secretary o IAAP Div. 8)

Discussant: Noa Vilchinsky (Communications Officer IAAP Div. 8)

Speakers:

Aleksandra Luszczynska researched physical inactivity and anxiety in a meta-analysis. She found that higher levels of symptoms of anxiety are correlated with higher levels of sedentary behaviour. **Brian Hall** investigated the role of social support and discrimination in PTSD symptom severity with migrant workers. He revealed that discrimination in the receiving country is associated with increased burden of mental health challenges among migrants. **Rolando Diaz Loving** focused on patients' emotions and cultural beliefs in different countries. He discovered that negative beliefs about physicians' influence perception of mistreatment and avoidance of future care. **John de Wit** evaluated whether engaging affected communities would be critical to the success of HIV response. He found that partnership approaches are rapidly gaining importance across public policy domains and can enhance the impact of health psychology. **Noa Vilchinsky** will consequently discuss and round up the four contributions. At the end of the session, all symposium participants will be invited to discuss and answer questions on how behavior can help coping, whether findings are universal for individuals around the world and how new approaches should look like.

We encourage all of you who are about to attend the conference to look for our symposium and join us during the conference. We hope that this symposium will shed light on the inspiring work done by members of our division.

Yours,

Sonia Lippke, President

Noa Vilchinsky, Communication officer