# IAAP E-News (November) (Division 17) Division of Professional Practice

This month has been marked by the launch of our <u>Division 17 "Integrated Health Care Psychology Interest Group"</u> (as outlined below). A mailing list was established from attendance and EOIs (Expressions of Interest) at our double-symposium on "*International Perspectives on Integrated and Primary Health Care*" at ICAP in Montreal (convened by our current president and other members of the Division Executive team). The aim of the Interest Group is to provide information about initiatives in integrated psychological service delivery in both primary and secondary care settings across the world.

Information has been circulated to potential members of the group with specific requests to:

- o let us know of any **current integrated care initiatives** in psychology across the world, enabling us to compile an ongoing/expanding list of resources;
- o send **recommendations re: references/citations** so we can build an on-line resource for people wishing to practice and research in this area;
- o **inform others** who may be interested in participating in this interest group and practicing in this area, with a view to developing training and workforce initiatives in each of our countries.

Please let us know if you are interested in participating!



# Invitation to join: "Integrated Health Care Psychology Interest Group"

Thank you for attending our Symposium on "The Role of Psychology in Integrated Mental Health Care: An International Perspective" at ICAP in Montreal in late June. As mentioned at the symposium, we are creating an Integrated Health Care Psychology Interest Group to foster initiatives across the world in integrated mental and general health care. (For those of you who were unable to attend ICAP and our symposium, please feel free to become involved - as outlined below.)

We have recently assisted in developing a **United Nations position paper: "Integrating Mental Health Care into Primary Health Care"** with our IAAP UN colleagues. This has been submitted to the UN and WHO via the appropriate channels (we will circulate when available on URL). We are keen to provide follow-up information about integrated primary care initiatives that may be of assistance in developing this model internationally, so we would be grateful if you could let us know of anything in your country/locality (see example from Professor Susan McDaniel, Member of our Executive Committee); also any relevant references that may be of assistance.

Please confirm your interest in participating in this Division of Professional Practice Interest Group to enable us to formally place you on the mailing list. We have attached our last two IAAP E-News Bulletins to catch you up on current Division activities, plus the attachment from Professor McDaniel above.

- Division 17 August Newsletter
- Division 17 October Newsletter

**Please check that your IAAP membership is up-to-date** (see below) and make sure you check Division 17 (Professional Practice) to ensure you receive all forthcoming materials. If not already a member of IAAP, you can find additional information <a href="here">here</a>.

We look forward to hearing from you as soon as possible, both to confirm your interest and to hear of any relevant work in this area being undertaken in your country/locality. Please also feel free to circulate this invitation to those who may be interested in joining.

All the best,

Robyn Vines (President, Division 17)

James Bray (Immediate Past President)

**Division Newsletter:** this will be released before the end of the year and will include articles on psychology competencies, ethical practice (including managing risk of harm to others), service delivery models, etc. Please submit articles and other items of interest to the editorial team (see email addresses below).

**Division Members elected to the IAAP Board of Directors:** At the ICAP meeting in Montreal, Drs. James H Bray, Susan H. McDaniel, and Diana Prescott were elected Members at Large for the IAAP Board of Directors. This will give Division 17 a strong voice in the IAAP leadership for professional practice issues.

**Dr. Diana Prescott:** has been elected **Recording Secretary of the American Psychological Association**. Dr. Prescott will start her three-year term in January 2019.

### Other News and Activities:

- **Professor James Bray (USA): Orange, Australia**: presented a workshop on Clinical Advances in Working with Divorced and Stepfamilies to the local chapter of the Australian Psychological Society in September. The workshop attended to the rural and remote nature of working with divorced and stepfamilies.
- Anne Deveson Research Centre (ADRC) Sydney, Australia:
  - Our Division President (Robyn Vines) attended the launch of the ADRC in Sydney on 22<sup>nd</sup> November. Auspiced by SANE Australia, this new Research Centre aims to drive better social outcomes for people affected by complex mental illness, their family, friends and colleagues. Its focus is international, with key areas of interest being: stigma reduction, loneliness, trauma-informed care, optimal housing, education, employment, physical health and better models of care for those with complex mental health conditions (including psychotic illness, OCD, bipolar disorder, PTSD, and other "poorly understood mental illness").

The late Anne Deveson (1930-2016) was an extraordinary woman, much-loved by the Australian community and admired for her courage and openness about her family's struggle with mental illness. Her book: "Tell me I'm here" (1991) - about her son Jonathan, who was diagnosed with schizophrenia when a teenager and died from an overdose in 1988 - is perhaps one of the most moving accounts of "lived experience" of mental illness ever written. Anne was an international journalist of great renown and went on, amongst many other things, to be Director of the Australian Film, Television and Radio School - and to write two further books: "Resilience" (2004) and "Waging Peace" (2013). She was a great advocate for those with mental health conditions, both in Australia and internationally. She was lively, intelligent and funny - a perfect advocate for mental health – and is much missed in the Australian community. The Centre (ADRC) was launched by Dame Quentin Bryce (Australia's previous Governor General) who is Patron-in-Chief of SANE.

See: <a href="https://www.sane.org/about-sane">https://www.sane.org/about-sane</a>

- o https://www.sane.org/adrc/about-the-adrc
- o https://www.smh.com.au/national/nsw/anne-deveson-and-georgia-blains-legacy-20161215-gtbua8.html

#### • Rural Mental health Roundtable - Australia:

A day's "roundtable" discussion with the Australia's Rural Health Commissioner, Professor Paul Worley is being planned by Dr. Robyn Vines and colleagues on Tuesday 11<sup>th</sup> December at the Western Sydney University Rural Clinical School in Bathurst, NSW. The "roundtable" discussion will focus on optimal integration of mental health services into primary care in regional, rural and remote Australia - and how to deliver both telehealth and face-to-face interventions to people in rural areas (particularly farmers, those suffering from the recent drought and those in remote areas with more long term mental health conditions). The meeting will involve key representatives from the National Farmers' Federation (NFF), the Country Women's Association (CWA), the Rural Doctors' Network (RDN), Australian College of Rural & Remote Medicine (ACCRM), RACGPs (College of General Practitioners), members of the APS/profession of psychology, the Royal Flying Doctors Service (RFDS) and the National Rural Health Alliance (NRHA), amongst others. This is a pilot attempt to develop ongoing, truly integrated care solutions to mental health need in rural and remote Australia.

See: <a href="https://www.abc.net.au/4corners/proud-country/10326076">https://www.abc.net.au/4corners/proud-country/10326076</a>

o <a href="https://www.pbs.org/newshour/nation/for-farmers-talking-about-mental-health-used-to-be-taboo-now-theres-agtwitter">https://www.pbs.org/newshour/nation/for-farmers-talking-about-mental-health-used-to-be-taboo-now-theres-agtwitter</a>

We would **warmly welcome** news of other such initiatives from IAAP members across the world.

# **Division Attendance at Congresses:**

- **ICAP, Montreal** (**26-3-.6.18**) Division 17 Symposium on Integrated Care as outlined above.
- European Congress of Psychology in Moscow (2-5.7.19): Abstracts are being submitted on behalf of the Division, including our ongoing representation of "*Primary Care Psychology and Integrated Care*" which began at ICAP in Melbourne (2010), occurring annually since at International Psychology forums.
- ICP, Prague (32<sup>nd</sup> International Congress of Psychology): 19-24.7.2020: <a href="http://www.icp2020.com/">http://www.icp2020.com/</a> again, workshops, symposia and papers will be submitted on behalf of the Division. Please let us know if you wish to be involved.

## (November, 2018)

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- For August E-News see: <a href="http://files.constantcontact.com/5a03e8a8601/275b6e14-49b6-4650-93ee-a23d6c11d579.pdf">http://files.constantcontact.com/5a03e8a8601/275b6e14-49b6-4650-93ee-a23d6c11d579.pdf</a>).
- For October E-News see: