

## **Mental health assessment of migrant domestic workers (MEADOW Project): A mixed-methods study**

Despite the important contribution of migrant domestic workers (MDWs) through cooking-cleaning-caring tasks, the MDWs' mental health status who may also act as informal caregivers (ICs) for older adults has not been comprehensively investigated. Therefore, this cross-countries project aims to assess the MDWs' mental health, particularly from the Southeast Asian (SEA) region, and targets four objectives: 1) to examine the MDWs' psychosocial status; 2) to explore older adults' (MDW's employer) psychosocial status; 3) to investigate the MDWs' attitudes towards mental health disorders and help-seeking behaviors; and 4) to identify the challenges and needs of MDWs in accessing mental health services. A convergent parallel mixed-methods design will be used through a cross-countries survey (objectives 1-3) and semi-structured interviews with the related local stakeholders based on team members' location (objective 4). This project would be suitable for researchers who are interested in clinical/health psychology, marginalized communities, health equity, occupational safety and health risk management, and caregiving topics. Applicants from the Global South are especially encouraged to apply. Cross-cultural findings from this project will provide comprehensive data on MDWs' mental health status and support the UN's third SDG on good health and wellbeing.