



Task Force on Terrorism

## IAAP TASK FORCE ON TERRORISM AND PEACE BUILDING ACTIVITIES July, 2020

### Do you know what our aim is?

The primary aim of the International Association of Applied Psychology (IAAP) Task Force on Terrorism and Peace Building is to engage members of the psychology community (teachers, researchers, practitioners, and students) in the issue of terrorism.

### Do you know where you could find information about our Task?

- [website!](#) ← click here.
  - You could find information about coping the stress of COVID-19. We have uploaded a new resource in English and Spanish based on the theory of one of our members Prof. Stevan Hobfoll. Take a look!

ADVANCING SCIENCE AND PROMOTING UNDERSTANDING OF TRAUMATIC STRESS

## Managing Stress Associated with the COVID-19 Virus Outbreak

### Impact of the COVID-19 Outbreak on Individuals and Communities

The COVID-19 (coronavirus) outbreak has the potential to increase stress and anxiety, both because of the fear of catching the virus and also because of uncertainty about how the outbreak will affect us socially and economically. There are practical steps you can take to improve your wellbeing.

### Coping with the Stress of COVID-19

- **Twitter account**

- As you know we are using Twitter as a place to post news and information about our work and some other contents that we found interesting. Please look (or even better, please **follow us!**):

[@IAAP\\_Terrorism](#)



- **NEWS**

Would you like to know what is the point of view of the victims of terrorism? Take a look to this issue where you could find it:

[CLICK here → Volume 2, Issue 2, IAAP Task Force on Terrorism and Peace Building](#)

