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Dr. Jesús Sanz is a Full Professor in the Department of Personality, Assessment and Clinical Psychology at the Complutense University of Madrid (UCM), where he is Director of the Intervention and Treatment in Clinical and Health Psychology research team. He is also a scientific collaborator in psychology of the Division of Coordination, Evaluation and Scientific and Technical Follow-up of the Spanish State Research Agency. During 2006-2010, he was Vice-Dean for Studies, Educational Innovation and European Higher Education Area of the Faculty of Psychology at UCM. He received his PhD in Clinical Psychology from UCM, and held a post-doc fellowship at the Department of Psychology of Yale University.

His research interests include cognitive factors in depression, assessment of anxiety and depression, basic structure of personality, the role of personality and psychological treatments in essential arterial hypertension, and psychopathological consequences of terrorism and their treatment. On those topics, he has authored or co-authored 160 scientific papers, including books, chapters in books and journal articles, and has presented 135 oral communications and posters in national and international scientific congresses. For his research, he has received several awards in a variety of scientific congresses and the first research prize in the XX and XXIII editions of the “Rafael Burgaleta” Prize of the Spanish Psychological Association of Madrid. He is member of the editorial committees of four Spanish scientific journals (“Psicopatología Clínica Legal y Forense”, “Psicooncología”, “Ansiedad y Estrés”, and “Behavioral Psychology-Psicología Conductual”) and has served as reviewer for 21 scientific journals, including “Psychological Bulletin”, “Journal of Social and Clinical Psychology”, “American Behavioral Scientist”, “Personality and Individual Differences”, “British Journal of Clinical Psychology”, and “European Journal of Personality”.

Nowadays, he is leading, along with Prof. María Paz García-Vera, the largest epidemiological study conducted to date on the very long-term presence (more than 10 years) of emotional disorders in victims of terrorism, and the only study that has examined the efficacy and clinical utility of trauma-focused cognitive behavioral therapy for victims of terrorism who suffer emotional disorders in such a long term.

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