



Sara Liébana Ph.D. Prof.  
Collaborator.



Sara Liébana is currently Full-Time Professor at the European University of Madrid, and member of the Personality and Clinical Psychology lab at the Universidad Complutense de Madrid Psychology College, where she received her PhD in Clinical Psychology. Sara also holds a Master's Degree on General Health Psychology, and has a long-term experience in the area of psychological assistance to terrorism victims, and other victims of catastrophic events.

Her research interests include clinical psychology and personality, with special emphasis on cognitions, core beliefs and their relationship with psychological disorders. She has published several scientific papers in journals such as *Psicothema*, *Frontiers in Psychology*, *the Scandinavian Journal of Psychology* or *Clinic and Health Psychology*. Sara has also participated in the publication of one book about the psychological assistance services provided in Spain during the COVID-19 pandemic. It was during that pandemic that Sara led a team of psychologist in the psychological hotline that put in service the Spanish Ministry of Health for assisting all those who may require help during the lockdown months. Sara has also participated in several national and international scientific congresses of psychology, in an effort to contribute to the dissemination of applied psychology knowledge.

Throughout his career, Sara has also been an active member of several scientific and academic societies. Since 2018 she has been an active member of IAAP, and is member of its Task Force on Terrorism and Peace Building since 2016.

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