



Belén Reguera Ph.D. Candidate.  
Collaborator.



Belén Reguera is a Ph.D. candidate at Complutense University of Madrid (UCM). Her research focuses on negative (depressive, dysfunctional) and resilient (posttraumatic growth) responses by terrorism victims. Since 2013, Belén has been collaborating with the Psychological Clinical Treatment research team at the UCM. The team's work focuses on comprehensive assistance for victims of terrorism as well as conducting research in this area. Belén's other credentials include a master's degree in behavioral therapy from UNED, as well as diplomas in emergency and terrorism response, including 3rd edition of the "Psychological Intervention in Catastrophes" and the 4th edition of the "Comprehensive Assistance to Victims of Terrorism" from UCM. She has been recruited to serve as a professor for the "Comprehensive Assistance to Victims of Terrorism" program of the 6th and 7th editions. She currently also conducts research in the Personality, Assessment and Clinical Psychology Department of the UCM Psychology School. Belén has participated in several projects funded with I+D budgets, and she has given lectures at several national and international psychology congresses. Her presentations have addressed ongoing clinical challenges such as the psychopathological consequences of terrorist attacks and their treatment: the prevalence of post-traumatic stress, depression and anxiety disorders in victims of terrorism; using cognitive-behavioral treatment to address PTSD in terrorism victims; and the role of cognitive factors in vulnerability to PTSD and other disorders following terrorist attacks. Belén is member of the Spanish National Network for the assistance of victims of terrorism. Since 2015, she has been a member of the International Association of Applied Psychology (IAAP). She starting collaborating with Division 6 (Clinical and Community Psychology,) including editing the Division 6 webpage. She also authored two articles for this newsletter, and she edited the latest issue.

February 2019.