

INTERNATIONAL ASSOCIATION OF APPLIED PSYCHOLOGY (IAAP)

DIVISION
SPORT PSYCHOLOGY **12**

BULLETIN

FALL 2008

EDITORIAL

Welcome to the fall issue of the Division 12 bulletin. Apart from our usual sections, this issue includes organizational news and an article submitted by Alberto Cei about the creation of a Sport Psychology center in Italy.

I hope you enjoy the new design and please keep on sending me your news, announcements, or information about Sport Psychology related activities in your area.

Many thanks to all contributors to this issue!!

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RECENT CONFERENCES/CONGRESSES

NORDIC CONFERENCE, SWEDEN

The Nordic Conference “Health, Participation and Effects of Sport and Exercise” had 145 participants representing 15 countries. The three-day conference, organized by Halmstad University included four keynote lectures, symposia, workshops, several poster presentations with a high participation of students and Young Investigators Awards. Anne-Marte Pensgaard (Norway) addressed the Sport Psychology keynote lecture “Coping in sport and exercise: A strategy or an expectancy?”

ANNUAL CONFERENCE AASP, ST. LOUIS, MISSOURI

As Glyn Roberts reports, the Annual Conference of the Association for Applied Sport Psychology (AASP) had 662 attendees representing 49 countries. Glyn Roberts gave the Coleman Griffith Lecture discussing parsimony, elegance, conceptual coherence and practical utility of sport psychology research. Laura Carstensen who gave the Social Psychology address on the shifting time horizons of human aging! The 20th Century gave us 30 extra years of life, on average, and these shifting dynamics are going to impact the 21st Century dramatically.

Nannette Mutrie gave the Health and Exercise psychology lecture and addressed the issue of promoting physical activity for public health. Last, the performance psychology keynote speaker was Terry Orlick and gave a philosophy of application talk (and a philosophy of life talk) where he discussed the importance of focus. The Distinguished International Scholar address was given by Celia Brackenridge, who discussed her research into sexual discrimination, sexual abuse and plain bullying in sport. There were many very good presentations this year, with many well attended applied sport psychology sessions. The poster sessions were very interesting and the posters numerous!

ORGANIZATIONAL NEWS

ASIA

The Asian South Pacific Association of Sport Psychology (ASPASP) has launched its own website. Visit www.aspasp.org for details of activities in the region.

The Sport Psychology Centre of the National Sports Institute of Malaysia has recruited five new full time staff to meet the demand of sport psychologists in assisting athletes.

EUROPE

"MIND IN SPORT TEAM" (MiST) Submitted by Alberto Cei, Italy

Recently, sport psychology in Italy has bounced back from years of anonymity, little recognition, and uncertainty insofar as its professional development. At the end of 2006, psychologists from five major state university across the country have founded the Center "Mind in Sport Team" (MiST), a inter-university effort to promote and consolidate the legitimate scientific and educational value sport psychology can have both among scholars and sport professionals.

The Center MiST is a joint effort of scholars from the University of Rome "La Sapienza", the University of Trieste, the University of Sport and Movement Sciences of Rome, the University of Cagliari and the University of Catania. Very recently, the center has considered applications of other universities and scholars who have expressed their interest to join the center and contribute to its scientific and teaching activities.

The Center focuses primarily on the development of research and teaching programs addressing both scientific and professional themes of interest to sport psychology. Its main objectives is to contribute to the understanding of the ways mental processes intervene in sport and physical activities ranging from phenomena in professional sports to personal and social phenomena linking physical activity to health and well-being. The Center MiST pursues its interests by also seeking and promoting collaborative and interdisciplinary initiatives with both national and international academic and professional institutions committed to the development of sport psychology.

To date, scholars from the founding university institutions have collaborated to both funded research projects and teaching initiatives. In the last years, national

research on doping use among adolescents and young adults has received substantial funding from the Ministry of Health and the first findings from this research, primarily concerning adolescents, have been presented at the FEPSAC conferences or published on peer-reviewed journals. Currently, the same research program is being conducted nationally with university undergraduate and graduate students of both sport and non-sport universities.

In the last two academic years, scholars from the Center have also contributed to the activities of a university master-level program focusing on sport psychology and offered to psychology students who are interested in entering this professional field. Importantly, the program relies on the contribution of both academic scholars and non-university experts from a variety of sport fields. One of the guiding principle of the program is that the profession of sport psychologist can benefit not only from the scientific and up-to-date account of how a variety of phenomena are addressed by psychological sciences, but also from the unique and ever-changing characteristics, requests and inputs coming from the professional fields of sport and physical activities.

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MEETINGS, CONFERENCES, CONGRESSES

NOVEMBER

November 29, 2008. Leuven, Belgium. Conference entitled "The multidisciplinary approach of elite athletes" held at the Katholieke Universiteit Leuven, to celebrate the 21st anniversary of the Flemish Association of Sport Psychology. Invited speaker: Ann Quinn, Head of the Sport Sciences Department of the British Lawn Tennis Federation.

Visit: www.vvsp.be

DECEMBER

December 11-12, 2008 London, UK. Inaugural Conference of the Division of Sport & Exercise Psychology. Keynote speakers include: Dave Collins (UK) "Strange bedfellows; Why sport and exercise Psychology," and Bonnie G Berger, (USA) "Multiple roles of exercise in quality of life." BASES Keynote Lecture will be addressed by Craig Mahoney, (UK) on "Cultural Underachievement and Sport Psychology - Policy and Practice".

Visit www.bps.org.uk/dsep2008

Email: dsepconference@bps.org.uk

December 11-14, 2008. Athens, Greece. 10th Hellenic Congress of Sport Psychology entitled "Youth Sport and Exercise: Adjusting goals, priorities and programmes". FEPSAC's MC official meeting will be hosted by the Hellenic Federation of Sport Psychology.

MARCH

31 March - 1 April 2009. British Association of Sport and Exercise Sciences (BASES) Student Conference "An insight into the future of sport and exercise sciences" held at University of Hull. Visit www.bases.org.uk

APRIL

April 1-3, 2009, Brighton, UK. Annual Conference 2009 of the British Psychological Society (BPS). Visit www.bps.org.uk/ac2009

MAY

May 7-10, 2009, Munich, Germany. FEPSAC's MC official meeting hosted by the German Organization for Sport Psychology at the Technical University connected to a symposium in applied sport psychology in top-level sports. Email: Dr. Ehrlenspiel (ehrlenspiel@sp.tum.de).

JUNE

June 17-20, 2009, Lisbon, Portugal. Conference of the International Society for Behavioral Nutrition and Physical Activity. Visit www.isbnpa2009.fmh.utl.pt/

June 21-23, 2009, Sintra, Portugal. Satellite meeting: "Understanding and Changing Health Behavior with Self-Determination Theory and Motivational Interviewing"

June 17-21, 2009, Marrakesh, Morocco. 12th World Congress of the International Society of Sport Psychology (ISSP). Howard Hall (UK) will be a Keynote Speaker presenting "Perfectionism in Sport: A hallmark quality of elite performance or a psychological impediment?" Other speakers include: Craig A. Wrisberg, (USA), Edward L. Deci (USA), Gershon Tenenbaum (USA) and Packianathan Chelladurai (USA). Visit: www.issp2009.com

JULY

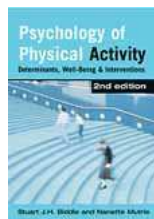
July 1-3 2009, Paris, France. "International Congress of the French Society of Sport Psychology", organized by the National Institute of Sport and Physical Education (INSEP). Invited speakers include: D. Araujo (Portugal), F.L. Gardner (USA), N. Stambulova (Sweden), R.R. Vallacher (USA), and P. Vermersch (France). E-mail: congresinsep2009@insep.fr. Visit: www.psychodusport.com

July 2, 2009, Paris, France. 40th Anniversary of the European Federation of Sport Psychology (FEPSAC). One day celebration including members meeting and invited presentations from C. Jannes (Belgium), J.R. Nitsch (Germany), and R. Seiler (Switzerland). Embedded in the International Congress of the French Society of Sport Psychology (July 1-3, 2009). See the special issue of Psychology of Sport and Exercise and visit www.fepsac.eu.

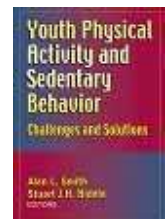
July 16-18, 2009, Budapest, Hungary. 30th Stress and Anxiety Research Society (STAR) Conference. Keynote speakers will be addressed by Erica Frydenberg (Australia), Yuri Hanin (Finland), Attila Oláh (Hungary), Sonja Rohrmann (Germany). Visit www.hupe.hu/star2009.

NEW PUBLICATIONS

Biddle, S.J.H. & Mutrie, N. (2008). Psychology of physical activity: Determinants, well-being and interventions (2nd edition). London: Routledge. Visit: www.routledge.com



Smith, A.L. & Biddle, S.J.H. (Eds.) (2008). Youth physical activity and sedentary behavior: Challenges and solutions. Champaign, IL: Human Kinetics. Visit: www.humankinetics.com



The first volume of the new Elsevier journal, Mental Health and Physical Activity, has now been published. The 6 papers in the first issue are all available for free download at: <http://www.sciencedirect.com/science/journal/17552966>.

For information and on-line manuscript submissions visit: <http://ees.elsevier.com/menpa/> or contact the Co-Editors, Prof Adrian Taylor (a.h.taylor@ex.ac.uk) or Guy Faulkner (guy.faulkner@utoronto.ca).

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