

EDITORIAL

Dear friends and colleagues,

Welcome to the last electronic issue of the bulletin before the International Congress of Applied Psychology to be celebrated next July in Paris, France. As usual, in this bulletin there are reports of congresses, conferences and workshops, new and forthcoming publications, and professional meetings or other interesting activities related to sport and exercise psychology.

For more information, you can also visit our website (<http://home.no/sportpsy>).

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CONGRESS REPORTS

13th WORLD CONGRESS OF THE INTERNATIONAL SOCIETY OF SPORT PSYCHOLOGY (ISSP)

The 13th World Congress of the International Society of Sport Psychology (ISSP) was held in Beijing, China on July 21-25, 2013. The theme of the Congress was "Harmony and Excellence in Sport and Life". Keynote speakers were: Artur Poczwardowski (University of Denver) "What if the Secret is You? In Pursuit of Excellence in Performance Psychology Service Delivery"; François Gagné (Université du Québec à Montréal) "Beyond the DMGT 2.0: a Comprehensive Theory of Talent Development"; Paul Wylleman (Vrije Universiteit Brussel) "A Developmental and Holistic Perspective on the Athletic Career", Peter Terry (University of Southern Queensland) "Developments in Mood Profiling and Mood Regulation for Sport and Exercise", Sophia Jowett (Loughborough University) "Unleashing the Power of Coach-athlete Relationships", Stephanie Hanrahan (The University of Queensland, Australia) "We Are Not All the Same: Culture and (Dis)Ability in Applied Sport Psychology", and Zhijian Huang (Wuhan Sport University, China) "Mental Training: New Perspectives". The congress programme gathered more than 700 scholars from 40 countries.



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The Managing Council, elected during the congress, includes: Gangyan Si (President), Athanasios Papaioannou, Thomas Schack, and Natalia B. Stambulova (Vice President), Alexandre Garcia-Mas (Secretary General), and Ernest Tsung-Min Hung (Treasurer). Sidonio Serpa is ISSP past president.

The next congress will be held in Seville, Spain. Visit: www.issponline.org

28th ASSOCIATION FOR APPLIED SPORT PSYCHOLOGY (AASP) CONFERENCE

The 28th Annual Conference of the Association for Applied Sport Psychology (AASP) was held in New Orleans October 2–5, 2013. The theme of the conference was “Lifelong Physical and Mental Well-Being through Sport and Exercise”. Kate F. Hays delivered the Coleman Griffith lecture “The Journey of an Independent Scholar-Practitioner”. The Performance Psychology keynote “Conceptualizing Special Operations Tactical Athletes... Who are those guys?” was presented by Craig Jenkins. The Health & Exercise Psychology keynote “Spark—How Exercise is Best for Emotional Regulation and Optimizing Cognitive Function” was addressed by John Ratey. Jacquelynne Eccles (USA) presented the Social Psychology keynote “Sports Participation and the Transition to Adulthood”, and James P. Whelan (USA) the Ethics Address “Professional Ethics: The Long View When Working with Athletes”. Jaume Cruz Feliu presented the Distinguished International Scholar Award Lecture “The Importance of Social Environment in Youth Sport for Lifelong Physical Activity”

The members of the Executive Board Members include: Jack Watson (President), Jonathan Metzler (President Elect), Jack J. Lesyk (Past President), and Rebecca Concepcion (Secretary-Treasurer).

The next conference will be held in Las Vegas, Nevada, (abstract deadline: February 15, 2014).

Visit: www.appliedsportpsych.org/conference

2013 EUROPEAN NETWORK OF YOUNG SPECIALISTS IN SPORT PSYCHOLOGY (ENYSSP) WORKSHOP (submitted by Peter Schneider)

The ENYSSP 2013 workshop took place in Gothenburg, Sweden. The organizers, led by Emelie Lindström, did a great job of offering a variety of topics to pique all interests, from workshops to keynote presentations to individualized posters. One highlight for me was the keynote by Belgian sport psychologist Els Snauwaert, entitled ‘Do’s and don’t as a practitioner: a journey through 15 years of applied work’. An engaging, funny presenter, Els hit all the sweet spots for me as a young practitioner: she highlighted techniques and approaches that had been successful for her, discussed what working in the field is really like and gave insight to how she balances work and home life. The second keynote presentation was from Kristoffer Henriksen and focused on theoretically-based interventions. He did a wonderful job emphasizing the importance of establishing a professional philosophy before starting an intervention. These presentations combined with wonderful networking opportunities provided a positive environment, in which many young students and practitioners were able to grow.



NAMES IN THE NEWS

Students from the European Masters in Sport and Exercise Psychology (EMSEP) program help the Philippines.

A charity yoga event was organized by current and former students from the European Masters in Sport and Exercise Psychology (EMSEP) program to collect money for the victims of the typhoon in the Philippines. Jon Cagas, a recent graduate of the EMSEP program and respected yoga teacher from the Philippines delivered a unique online yoga class. The event was organized for students and staff of the University of Jyväskylä, Finland on Wednesday the December 4, 2013. The class was well attended, and donations were collected through the Finnish Red Cross onsite and online. The event was covered by the local radio station, RadioCity.

EMSEP visiting scholars in 2014 include: Jean Côté (Queen’s University), Kimberley Dawson (Wilfrid Laurier University), Stephanie Hanrahan (University of Queensland), Martin Hagger (Curtin University), Alan Smith (Michigan State University), Judy Van Raalte (Springfield College), Anthony Watt (Victoria University), Robert Weinberg (Miami University), and Paul Wright (Northern Illinois University).

Writing Manuscripts for Submission to the JOURNAL OF SPORT PSYCHOLOGY IN ACTION

Submitted by David Fletcher

School of Sport, Exercise and Health Sciences, Loughborough University, United Kingdom

The aim of the Journal of Sport Psychology in Action (JSPA) is to provide psychology practitioners involved in the sport industry with sound information that is immediately applicable to their work. It provides sport psychologists with useful and sensible informed guidance that will make a difference in the way they practice.

The scope of JSPA is any information that assists sport psychology practitioners to better understand, assess, and intervene with clients (individuals, families, groups, organizations, community) in order to promote more effective functioning. In all sport settings, practitioners are likely to encounter a range of issues that require understanding of performance enhancement, health and well-being, clinical disorders, ethical guidelines and dilemmas, all forms of diversity, coaching and support, and so forth.

Although the core audience of JSPA is psychologists and consultants practicing in the sport domain, we also wish to appeal to a range of other informed deliverers and consumers, including students, trainee psychologists, educators and supervisors, sports scientists and medics, sports coaches and parents, performance directors and managers, the media, and athletes themselves.

JSPA seeks several types of manuscripts:

1. Reflective accounts by or interviews with sport psychology practitioners, supervisors/mentors, trainees, educators or students which involve discussion and evaluation of their work. These manuscripts should make explicit reference to the practices, techniques and strategies that can be used to assist in the promotion, delivery and/or effectiveness of sport psychology.
2. Similar types of manuscripts from consumers of sport psychology-related services, such as coaches, performance directors and managers, support staff, parents, and athletes which involve the portrayal of their perspective of sport psychology practice. It may be that, for some manuscripts, deliverers and consumers of sport psychology collaborate to provide shared or contrasting reflections of their experiences.
3. Reports of projects, case examples, or concepts developed by practitioners in the field who, through their experience, have developed competent and effective ways for intervening with various client populations. These manuscripts may draw on the published evidence base in applied sport psychology or they may attempt to innovate and, in doing so, illuminate directions for researchers to explore.
4. Discursive reviews of professional practice issues relevant to sport psychology service delivery. Such topics may be perennial issues in sport psychology or they may be emergent issues that require consideration in contemporary practice.
5. Descriptions of effective and efficacious psychosocial interventions in sport that have been previously evaluated and published in the literature. Often, due to journal space restrictions, the content and delivery of such interventions can only be summarized in the original publication and a need exists to expand on and better understand what exactly the intervention entailed.
6. Brief book reviews of professional practice and applied sport psychology textbooks, and of biographies and autobiographies that contain reference to psychosocial aspects of sport performance. In the case of the latter, it may be that these reviews develop into a full manuscript that extracts and discusses in more depth the psychosocial-related issues raised in the book.

In addition to these main types of manuscript, JSPA is also receptive to a number of alternative approaches:

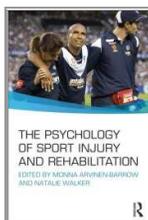
1. Opinion manuscripts which outline how the practical implications of psychological-related theory and/or research can be applied in sport contexts. Importantly, these manuscripts should not focus on reviewing theory and/or research, but rather emphasize how practitioners can effectively translate the implications of this work to their practice. The author(s) should go beyond identifying the implications of scholarly work by illustrating how recommendations can be realized in best practice.
2. Written transcripts or summaries of sport psychology presentations. These accounts should be adapted for JSPA's audience emphasizing the practical take-home messages that professionals can integrate into their work.
3. Policy level work that outlines how individuals, groups and organizations can further the development of sport psychology as a profession. These manuscripts could target sport or non-sport organizations that govern, manage or have the potential to influence sport psychology support services, or they could focus on the creation of psychology intervention programs for sports teams or specialty groups.

- Critical accounts that challenge the status quo regarding the effectiveness of practitioners' work. These could involve, for example, a researcher querying practices commonly used with athletes or teams, or a practitioner questioning the applied implications of theory and/or research. These accounts may evolve into a series of themed papers written by different authors debating the merits of certain sport psychology practices.

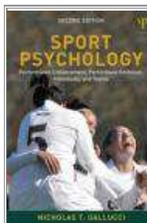
The above types of manuscript are intended as indicative, rather than prescriptive, guidelines for authors. JSPA welcomes variants and hybrids of these types of manuscript, but authors should note that we do not consider original research studies or reviews of theory and/or research. A unique aspect of JSPA is the 'In the Huddle' feature that involves posing a question to a selection of experienced sport psychology practitioners and each of them presenting their perspective on the issues it raises. We welcome readers' suggestions for questions, which should be e-mailed to the editorial assistant for consideration. In terms of the presentation and formatting of manuscripts, authors should consult the 'Instructions for Authors' webpage on the JSPA webpages. To conclude, if you have any questions or queries about writing manuscripts for publication in JSPA, please do not hesitate to contact the editorial office.

Author note: This article is an abridged version of the Journal of Sport Psychology in Action editorial in volume 4, pages 1-4. Correspondence concerning this article should be addressed to David Fletcher, School of Sport, Exercise and Health Sciences, Loughborough University, Epinal Way, Loughborough, Leicestershire LE11 3TU, United Kingdom. Voice: 4415-0922-3271. Fax: 4415-0922-6301. E-mail: D.Fletcher@lboro.ac.uk

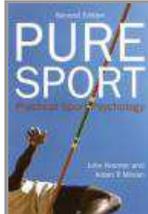
NEW PUBLICATIONS



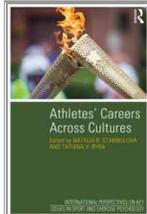
Arvinen-Barrow, M. & Walker, N. (2013). *Psychology of Sport Injury and Rehabilitation*. Published by Routledge.



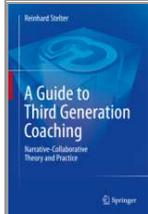
Gallucci, N. T. (2013). *Performance Enhancement, Performance Inhibition, Individual and Teams*. Published by Routledge.



Kremer, J. & Moran, A. (2013). *Pure Sport* (2nd edition). Published by Routledge



Stambulova, N. B. & Ryba, T. (2013). *Athletes' careers across cultures*. Published by Routledge

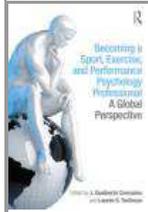


Stelter, R. (2013). *A Guide to Third Generation Coaching. Narrative-Collaborative Theory and Practice*. Published by Springer

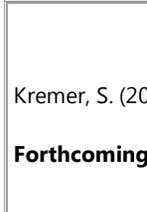


Beauchamp, M. R. & Eys, M. A. (2014). *Group Dynamics in Exercise and Sport Psychology*.

Forthcoming publication by Routledge.

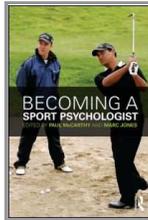


Cremades, G. & Tashman, L. (2014). *Becoming a Sport, Exercise, and Performance Psychology Professional*. **Forthcoming** publication by Routledge.



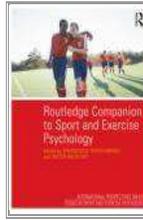
Kremer, S. (2014). *Psychology in sport*.

Forthcoming publication by Routledge.



McCarthy, P. & Jones, M. (2014). *Becoming a sport psychologist*.

Forthcoming publication by Routledge.



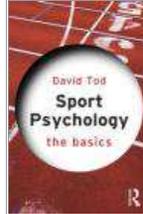
Papaioannou, A. & Hackfort, D. (2014). *Routledge Companion to Sport and Exercise Psychology*.

Forthcoming publication by Routledge.



Schinke, R. J. & McGannon, K. R. (2014). *The Psychology of Sub-Culture in Sport and Physical Activity*.

Forthcoming publication by Routledge.



Tod, D. (2014). *Sport Psychology: The Basics*

Forthcoming publication by Routledge.

New DVD video "Self-awareness in Sport Psychology consulting" starring Dr. Burt Giges is now available from Virtual Brands (www.vbvideo.com).

FORTHCOMING MEETINGS/CONFERENCES

April 8-9, 2014. Student conference of the British Association of Sport and Exercise Sciences (BASES), University of Portsmouth, UK. Website: www.port.ac.uk/bases2014

May 12-14, 2014. 5th International Congress of Sport Psychology of the French Society of Sport Psychology (SFPS) entitled "Sport Psychology for Performance and Health across the Lifespan", Nice, France. Keynote speakers are: Gloria Balagué (University of Illinois), David Conroy (Pennsylvania State University), Arne Dietrich (American University of Beirut), Martin Hagger (Curtin University), Nikos Ntoumanis (University of Birmingham), and Bas Verplanken (University of Bath). Website: www.sfpscongress2014.com/conference

May 14-17, 2014. XIV National and I International Congress of Psychology of Physical Activity and Sport to be held in Cáceres, Spain. Keynote speakers are: Nikos Ntoumanis (University of Birmingham) and Paul Wylleman (Vrije Universiteit Brussel). Website: www.congresopsicologiadeporte.com

June 5-7, 2014. 75th Annual convention of the Canadian Psychological Association Convention (CPA) held in Vancouver, BC. Website www.cpa.ca/convention

June 12-14, 2014. Annual Conference of the North American Society for the Psychology of Sport and Physical Activity (NASPSA) to be held in Minneapolis, MN, USA. Keynote speakers are: Geert Savelsbergh (The Development of the Use of Visual Information for Actions), Simon Lewis (Understanding Motor Control: Insights from Virtual Reality and Parkinson's disease), and Panteleimon Ekkekakis (The Reemergence of Hedonism in Postcognitivist Exercise Psychology: Preparing for the Field's First Veritable Paradigmatic Transition). Website: www.naspspa.org/about-the-conference

June 12-15, 2014. 6th IWG World Conference on Women and Sport. Helsinki, Finland. Keynote speakers are: Dorcas Makgato-Malesu, (Minister of Trade and Industry, Botswana), Fiona Bull (University of Western Australia), Kari Fasting (Norwegian School of Sport and Physical Education), Margaret Talbot (International Council of Sport Science and Physical Education), Androulla Vassiliou (Commissioner for Education, Culture, Multilingualism, Sport, Media and Youth). Website: www.iwg-gti.org

June 20-21, 2014. 15th Annual Workshop in Applied Sport Psychology "Developing Your Knowledge, Skills, and Practice in Sport Psychology" presented by Jack J. Lesyk (Ph.D., CC-AASP, Past President and Fellow of the Association for Applied Sport Psychology and author of *Developing Sport Psychology Within Your Clinical Practice*) to be conducted by the Ohio Center for Sport Psychology. Website: www.sportpsych.org or email: jjlesyk@SportPsych.org

July 2-4, 2014. 35th Conference on Stress and Anxiety Research (STAR), University of Cluj-Napoca, Romania. Website: <http://star2014.ro>

July 2-5, 2014. 19th Annual Congress of the European College of Sport Science (ECSS), Amsterdam, The Netherlands. Website: www.ecss-congress.eu/2014

July 8-13, 2014. 28th International Congress of Applied Psychology (ICAP), Paris, France. Website: www.icap2014.com. See Division 12 program below.

August 4-7, 2014. 10th Annual International Conference on Kinesiology and Exercise Science organized by Athens Institute for Education and Research (ATINER) in collaboration with the Pan-Hellenic Association of Sport Economists & Managers (PASEM), Athens, Greece. Abstracts submission via email to atiner@atiner.gr (deadline January 6, 2014)

August 7-10, 2014. 7th International congress of the Asian-South Pacific Association of Sport Psychology (ASPASP), Tokyo, Japan. Keynote speakers include: Daniel Gould (Psychology of Coaching), Diane L. Gill (Physical Activity and Quality of Life), Richard A. Schmidt (Recent Developments in Motor Learning Research), Ken Hodge (Effective Sport Psychology Consulting: It's All About the Relationship), Martin Hagger (Self-control, Willpower, and Motivation as Influences on Physical Activity Behaviour), Simon Gandevia (Motor Cortex, Muscle and Human Motoneurons - What Have We Learned), Tamotsu Nishida (Toward an Understanding of Motivation in Physical Education and Sports), Koji Takenaka (Recruitment Strategy and Resultant Behavior Change in a Physical Activity Intervention Program), and Yuji Yamamoto (From Laboratory to Active Fields in Motor Control and Learning Research). Website: www.aspasp2014.jp

October, 15-18, 2014. 29th Annual conference of the Association for Applied Sport Psychology (AASP). Las Vegas, USA. Website: www.appliedsportpsych.org/events/29th-annual-conference

October 31st-November 1st, 2014. Annual Workshop of the European Network of Young Specialists in Sport Psychology (ENYSSP), hosted by the sport faculty at the University of Leipzig, Germany. Contact Peter Schneider at peter.schneider@uni-leipzig.de

November 25-26, 2014. Annual conference of the British Association of Sport and Exercise Sciences (BASES), Staffordshire University, UK. Website: www.bases.org.uk/BASES-Conference-2014

July, 14-19, 2015. Congress of the European Federation of Sport Psychology (FEPSAC), Bern, Switzerland. Website: www.fepsac2015.ch

International Congress of Applied Psychology

(11-16 July 2010, Melbourne, Australia)

Program of **Division 12 (Sport Psychology)**

Presidential address:

Howard Hall (UK) *"Perfectionism, and its impact on the quality of motivation and achievement in sport"*

Invited speakers:

Panteleimon Ekkekakis (USA) *"What's old is new again: The rediscovery of the motivational properties of pleasure in post-cognitivist exercise psychology"*

Michael Kellmann (Germany) *"Recovery processes in sport"*

Philippe Sarrazin (France) *"Tackling the problem of physical inactivity: Some new avenues for research"*

Further information: <http://www.icap2014.com>

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