The divisional webpage has been updated, please visit http://iaapsy.org/divisions/division8.

Division 8 members actively participated at the International Congress of Psychology, held 24-29th of July in Yokohama, Japan. Jennifer Inauen chaired a invited Division 8 symposium on “Health behaviors in context: The role of social and structural factors in self-regulation” with Urte Scholz being the discussant. Urte Scholz chaired an invited symposium on “Theory-based approaches for promoting health behavior change”, with Aleksandra Luszczynska and Urte Scholz being two of the speakers and Ralf Schwarzer being the discussant.

Many Division 8 members recently attended and actively took part in the European Health Psychology Society Conference, held in Aberdeen, Scotland in August, 2016. Urte Scholz, Aleksandra Luszczynska, Barbara Mullan, Rik Crutzen, and Ralf Schwarzer served as chairs and participants of various keynotes, oral sessions, and symposia. Aleksandra was a keynote speaker at the conference, and discussed ‘Ways to Increase the Impact of Behaviour Change Interventions in a Real-World Setting.’ Aleksandra Luszczynska also chaired the symposium ‘Efficacy and mechanisms of theory-based behaviour change interventions’, to which Barbara Mullan and Ralf Schwarzer contributed recent research.

Urte Scholz facilitated together with Gertraud Stadler the EHPS Synergy Expert Meeting on “Social relationships and health: Collaborative and dyadic approaches” which took place from August 22-23, 2016 preceding the EHPS conference.

A number of division 8 members will also take part at the upcoming International Congress of Behavioural Medicine in November held in Melbourne, Australia. Ralf Schwarzer and Aleksandra Luszczynska have organised a symposium at this conference titled ‘Challenges and future directions in research on determinants of physical activity’. Barbara Mullan will be running a pre-conference workshop on ‘systematic reviews and meta-analyses in behavioural medicine: a practical introduction to best practices.’

Rik Crutzen has been re-elected as Executive Committee member of the European Health Psychology Society.

Sonia Lippke received a grant for one year from the German Pension Fund Oldenburg Bremen (DRV-Oldenburg-Bremen) about € 49,000 for conducting a meta-analysis on behavioural vs. environmental interventions reducing sitting time at work and preventing work ability, and for the study “Entwicklung eines teilhabe-orientierten Screenings zur differenzierten Rehabilitation abhängigkeitskranker Menschen” (TOSDA).

Urte Scholz (PI) received a grant of 500‘000 Swiss Franks (≈ 504‘000 USD) from the Swiss National Science Foundation for the interdisciplinary project “Measuring the impact of social support and joint dyadic coping on couple’s dyadic management of Type II Diabetes by a novel ambulatory assessment application for the open source behavioral intervention platform MobileCoach”.

Sample of new publications


