

PERSONAL INFORMATION

Pedro Rafael Altungy Labrador



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Date of birth 05/11/1992 | Nationality Spanish

WORK EXPERIENCE

July 2016 - Currently

Psychological therapy with general population

Private practice

- Development of treatment programs.
- Psychological Assessment.
- Psychological Treatment.

Business or sector: Clinical psychology.

July 2016 - Currently

Research assistant in clinical psychology – Psychology College UCM

Complutense University of Madrid (UCM)

- Psychological assessment.
- Psychological treatment.
- Development of treatment programs.

Business or sector: Clinical psychology and research.

January 2016 - Currently

Psychologist of the National Network for Terrorism Victims Attention

Spanish Ministry of Interior.

- Psychological assessment.
- Psychological treatment.
- Development of treatment programs.

Business or sector: Clinical psychology.

October 2013 - Currently

Psychological therapy with victims of terrorism

Universidad Complutense de Madrid –Asociación Víctimas del Terrorismo (AVT)

- Data processing.
- Psychological Assessment.
- Psychological Treatment.

Business or sector: Clinical psychology.

January 2015 – June 2016

Support and assistance to people in homelessness situation

Dublin Simmon Community, Ireland

- Support and assistance to people in social exclusion in Dublin City Council centres.
- Field work with people in homelessness situation.
  - Psychological support and brief counselling.
  - Following-up of their health and social necessities.
  - Following-up of their *minimum insertion wage* (provided by the government).
  - Health promotion (brief educational programmes about alcohol, drugs, safe sexual relations, medical treatment adherence).
  - Promote a safe environment for them to expose their requests and necessities.
  - Familiar counselling and management in the required cases.
  - Special campaigns: winter shelters, heat waves, vaccination campaigns.

Business or sector: Clinical – Social work

January 2015 – June 2016

**Psychological therapy with general population**

Central Defence Hospital “Gómez Ulla”

- Development of treatment programmes.
- Data processing.
- Psychological Assessment.
- Psychological Treatment.

**Business or sector:** Clinical psychology.

November 2014 – June 2016

**Individual therapy with women**

Collado Villalba City Council

- Development of treatment programs.
- Data processing.
- Psychological Assessment.
- Psychological Treatment.

**Business or sector:** Clinical psychology.

November 2014 – June 2015

**Psychological therapy with scholars.**

Carpe Diem Primary School

- Data processing.
- Psychological Assessment.
- Psychological Treatment.

**Business or sector:** Clinical psychology.

February 2015

**A workshop for convicts.**

Social insertion Centre “Victoria Kent” – Madrid.

- Insertion programme development
- Programme implementation

**Business or sector:** Clinical – Social psychology.October 2013 –  
December 2014**Support and assistance to people in social exclusion**

Samur Social Madrid

- Support and assistance to people in social exclusion in Madrid Council centres.
- Field work with people in social exclusion.
  - Psychological support and brief counselling.
  - Accompaniment to health, social and labour resources (doctor, dentist, night shelters, job interviews, documents renewal...).
  - Following-up of their health and social necessities.
  - Following-up of their *minimum insertion wage* (provided by the government).
  - Health promotion (brief educational programmes about alcohol, drugs, safe sexual relations, medical treatment adherence).
  - Promote a safe environment for them to expose their requests and necessities.
  - In case of foreign people, accompaniment to consular assistance and assistance for preparing their return to their homelands (always when they decided so).
  - Familiar counselling and management in the required cases.
  - Special campaigns: winter shelters, heat waves, vaccination campaigns.

**Business or sector:** Clinical – Social work

April 2013 – June 2013

**Support and assistance to children in severe risk of social exclusion**

Red Cross – Madrid.

- Support and assistance to children in a Red Cross Spain centre.

**Business or sector:** Social work.

EDUCATION AND TRAINING

- September 2017  
- Currently      PhD candidate in Clinical Psychology; 2<sup>nd</sup> year - Complutense University of Madrid (UCM).
  
- February 2018  
(90 ECTS credits)      Master Degree in General Health Psychology – Complutense University of Madrid (UCM).
  
- June 2017  
(30 hours)      Certificate in Terrorism Victims Attention: Challenges and Good Practices in Europe. Complutense University of Madrid (UCM) – Terrorism Victims Association (AVT)
  
- May 2016  
(900 hours)      Master Degree in Clinical Psychology – Complutense University of Madrid (UCM).
  
- May 2016  
(52 hours)      Certificate in “Psychological intervention in disasters: Tsunamis”. Cathedra Sánchez Gey Commandant. Complutense University of Madrid (UCM) – Emergency Military Unit (UME).
  
- July 2015  
(30 hours)      Certificate in Psychological Intervention in Disasters. Complutense University of Madrid (UCM) – Emergency Military Unit (UME).
  
- May 2015  
(52 hours)      Certificate in Comprehensive Care for Victims of Terrorist Complutense University of Madrid (UCM).
  
- June 2014  
(240 ECTS credits)      University Degree in Psychology. Complutense University of Madrid (UCM).

PERSONAL SKILLS

Mother tongue(s)      Spanish.

Other language(s)

	UNDERSTANDING		SPEAKING	GRAMMAR	WRITING	OVERALL
	Listening	Reading		Use of English		
English	195	227	198	185	186	<b>198</b>
The provided English level is in reference of the Cambridge ESOL standars						
French	B1	B1	B1	B1	B1	

Levels: A1/2: Basic user - B1/2: Independent user - C1/2 Proficient user  
Common European Framework of Reference for Languages

Communication skills      Good communication skills gained through my experience as psychologist.

Computer skills      Good command of Microsoft Office™ tools.  
Medium – High command of statistical programme SPSS.

Driving licence      B

ADDITIONAL INFORMATION

- Membership**
- June 2018 – Currently: IAAP Division 15 President ([www.iaapsy.org](http://www.iaapsy.org)).
  - June 2015 – Currently: IAAP Division 6 Secretary ([www.iaapsy.org](http://www.iaapsy.org)).
  - June 2015 – Currently: IAAP Division 6 Newsletter Editor ([www.iaapsy.org](http://www.iaapsy.org)).
- Teaching**
- November 2018: professor diploma in “Comprehensive Psychological Assistance to Victims of Terrorist Attacks, 7<sup>th</sup> edition”. Complutense University of Madrid.
  - July 2018: professor diploma in “Comprehensive Psychological Assistance to Victims of Terrorist Attacks, 6<sup>th</sup> edition”. Complutense University of Madrid.
  - April 2018: professor of the seminar “Research about Posttraumatic Stress Disorder in Victims of Terrorism”. Clinical Psychology Department – Complutense University of Madrid.
  - December 2016 – January 2016: professor of the seminar “Research about Personality and General Anxiety Disorder”. Clinical Psychology Department – Complutense University of Madrid.
- Articles**
- Altungy, P. (2014). A Brief Summarize of Conversion Disorder Treatments. *IAAP Division 6 Newsletter*. Vol 3, No 2.
  - Altungy, P. y Reguera, B. (2013). Beyond Numbers. *IAAP División 6 Newsletter*. Vol. 2, No 2.
- Books**
- García-Vera, M.P, Sanz, J., Navarro, R., Reguera, B. y Altungy, P.: La atención psicológica a las víctimas de atentados terroristas. En Desarrollo, derechos humanos y víctimas: triángulo virtuoso para La Paz, nº 4 Cuadernos Cultura de Paz, F. Vacas Fernández (Dir.), Madrid, 2017, pp. 41-50. ISBN: 978-84-15270-40-9.
- Conferences**
- September 2018: lecturer of “LAS EMOCIONES TRAS LA ARMADURA: MITOS SOBRE LAS EMOCIONES Y REGULACIÓN EMOCIONAL EN UNA VÍCTIMA DEL TERRORISMO”. XII Congreso Internacional de las SEAS.
  - September 2018: lecturer of “LA FUERZA DE LOS ESTUDIANTES: CONTRIBUCIONES ESPECÍFICAS DE LA PSICOLOGÍA DE LOS DESASTRES, CATÁSTROFES Y EL TERRORISMO DESDE LA DIVISIÓN 15 DE LA IAAP”. XII Congreso Internacional de las SEAS.
  - September 2018: lecturer of “HACIA UNA PSICOLOGÍA DE TERRORISMO GLOBALIZADA: LA CREACIÓN Y EL PROYECTO DE LA TASK FORCE ON TERRORISM DE LA IAAP” XII Congreso Internacional de las SEAS.
  - September 2018: lecturer of “APROXIMACIÓN MULTICULTURAL AL ESTUDIO DE MITOS SOBRE TRAUMA Y DESASTRES: ESTUDIO PILOTO DENTRO DEL PROYECTO INTERNACIONAL ARTS” XII Congreso Internacional de las SEAS.
  - September 2018: lecturer of “HACIA UNA PSICOLOGÍA DEL TERRORISMO GLOBALIZADA: RESULTADOS PRELIMINARES DE LAS CONTRIBUCIONES DE LA PSICOLOGÍA EN EL MARCO DEL PROYECTO DE LA TASK FORCE ON TERRORISM DE LA IAAP” XII Congreso Internacional de las SEAS.
  - July 2017: lecturer of “PROPIEDADES PSICOMÉTRICAS DE UNA VERSIÓN ESPAÑOLA DE LA LISTA DE VERIFICACIÓN DEL TRASTORNO POR ESTRÉS POSTRAUMÁTICO PARA EL DSM-5 (PCL-5) EN VÍCTIMAS DE ATENTADOS TERRORISTAS”. III Congreso Nacional de Psicología de Oviedo, Asturias. Spain
  - July 2017: lecturer and co-author “ESTUDIO SOBRE LA EFECTIVIDAD DE LA TERAPIA COGNITIVO CONDUCTUAL CENTRADA EN EL TRAUMA PARA EL DUELO PATOLÓGICO A MUY LARGO PLAZO EN FAMILIARES DE VÍCTIMAS MORTALES DEL TERRORISMO”. III Congreso Nacional de Psicología de Oviedo, Asturias. Spain.
  - July 2017: co-coordinator of the Thematical Session “PSICOLOGÍA DEL TRAUMA”. III Congreso Nacional de Psicología de Oviedo, Asturias. Spain.
  - March 2017: lecturer and co-author: “¿EL TIEMPO LO CURA TODO? TRASTORNOS PSICOLÓGICOS EN VÍCTIMAS DE TERRORISMO MUCHOS AÑOS DESPUÉS DE SUFRIR EL ATENTADO TERRORISTA”. II Congreso Ibérico de Psicología Clínica e da Saúde de Lisboa, Portugal.
  - February 2017: lecturer of “ASSESSMENT PROTOCOL I: TELEPHONIC INTERVIEW”. International Seminar UCM “Psychological monitoring of terrorism victims: assessment protocols, therapeutic abilities and hard situations management”. Madrid. Spain.
  - September 2016: lecturer of “FACTORES DE PROTECCIÓN PARA LAS CONSECUENCIAS

PSICOPATOLÓGICAS DE LOS TENTADOS TERRORISTAS EN SUS VÍCTIMAS: ¿EXISTE RELACIÓN ENTRE LAS ESTRATEGIAS DE AFRONTAMIENTO, LAS ACTITUDES DISFUNCIONALES Y EL CRECIMIENTO POSTRAUMÁTICO?". XI Congreso Internacional de las SEAS. Valencia, Spain.

- September 2016: lecturer of "¿EXISTEN TRATAMIENTOS EFICACES Y CLÍNICAMENTE ÚTILES PARA LAS VÍCTIMAS DEL TERRORISMO QUE SUFREN OTROS SÍNTOMAS O TRASTORNOS DISTINTOS DEL TRASTORNO POR ESTRÉS POSTRAUMÁTICO?". XI Congreso Internacional de las SEAS. Valencia, Spain.
- July 2016: lecturer and co-author "NEW DIAGNOSTIC CRITERIA FOR PTSD: TESTING DSM-5 IN VICTIMS OF TERRORIST ATTACKS". 31<sup>st</sup> International Congress of Psychology (ICP2016) Yokohama, Japan.
- July 2016: lecturer and co-author "EFFICACY OF PSYCHOLOGICAL TREATMENT IN VICTIMS OF TERRORISM WHO SUFFER FROM MENTAL DISORDERS IN THE VERY LONG TERM". 31<sup>st</sup> International Congress of Psychology (ICP2016) Yokohama, Japan.
- July 2016: lecturer and co-author "DOES WHAT DOESN'T KILL YOU MAKE YOU STRONGER? EFFECTS OF PREVIOUS AND SUBSEQUENT TRAUMATIC EVENTS IN THE LONGTERM MENTAL HEALTH OF VICTIMS OF TERRORISM". 31<sup>st</sup> International Congress of Psychology (ICP2016) Yokohama, Japan.
- September 2014: lecturer of "CONSECUENCIAS FÍSICAS Y LEGALES DE LOS ATENTADOS TERRORISTAS Y SU PAPEL EN LA SINTOMATOLOGÍA DE ESTRÉS POSTRAUMÁTICO DE LAS VÍCTIMAS". X Congreso Internacional de las SEAS. Valencia, Spain.
- September 2014: lecturer of "APOYO SOCIAL Y SINTOMATOLOGÍA DE ESTRÉS POSTRAUMÁTICO EN VÍCTIMAS DE ATENTADOS TERRORISTAS". X Congreso Internacional de las SEAS. Valencia, Spain.

Updated: February 28<sup>th</sup>, 2019