

TRAUMA GUIDELINES

Such prestigious organizations as the American Psychiatric Association (APA, 2004, 2009), the American Psychological Association (2015), the Australian Centre for Posttraumatic Mental Health (ACPMH, 2013), the Cochrane (Roberts, Kitchiner, Kenardy, and Bisson, 2010; Stein, Ipser and Seedat, 2006); the Department of Veterans Affairs and the Department of Defense of the USA (VA / DoD, 2010) or the National Institute for Health and Clinical Excellence (NICE, 2005) have launched their proposals on how is the best approaching to the post trauma intervention. All these interventions are based, of course, on the empirical evidence available at the time and based therefore on treatments that have been proven more effective.

American Psychiatric Association (2004). *Practice guideline for the treatment of patients with acute stress disorder and posttraumatic stress disorder*. (2015, October 8) Retrieved from http://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/acutestres disorderptsd.pdf

American Psychiatric Association (2009). *Guideline watch (march 2009): practice guideline for the treatment of patients with acute stress disorder and posttraumatic stress disorder*. (2015, October 8) Retrieved from http://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/acutestres disorderptsd-watch.pdf

American Psychological Association. (2015). Division 12. Society of clinical psychology. (2015, October 8) Retrieved from <http://www.div12.org/psychological-treatments/disorders/post-traumatic-stress-disorder/>

Australian Centre for Posttraumatic Mental Health (2013). *Australian guidelines for the treatment of acute stress disorder and posttraumatic stress disorder*. Melbourne, Victoria: ACPMH. (2015, October 8) Retrieved from <http://phoenixaustralia.org/resources/ptsd-guidelines/>

Department of Veterans Affairs Department of Defense (2010). *Clinical practice guideline for management of post-traumatic stress*. (2015, October 8) Retrieved from http://www.healthquality.va.gov/guidelines/MH/ptsd/cpg_PTSD-FULL-201011612.pdf

Roberts, N. P., Kitchiner, N. J., Kenardy, J. A., y Bisson, J. I. (2010). Early psychological interventions to treat acute traumatic stress symptoms (review). *Cochrane Database of Systematic Reviews*, 2010(3), Article CD007944. doi:<http://dx.doi.org/10.1002/14651858.CD007944.pub2>

National Institute for Health and Clinical Excellence (NICE) (2005). *Post-traumatic stress disorder (PTSD): the management of PTSD in adults and children in primary and secondary care*. *Clinical guideline* 26. (2015, October 8) Retrieved from <http://www.nice.org.uk/CG026NICEguideline>

Stein, D. J., Ipser, J. C., y Seedat, S. (2006). Pharmacotherapy for post traumatic stress disorder (PTSD) (review). *Cochrane Database of Systematic Reviews*, 2006(1)
doi:<http://dx.doi.org/10.1002/14651858.CD002795.pub2>