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<b>Department</b>	Psychology
<b>University</b>	University of Canterbury
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#### Present Position

Associate Professor & Head of Department, Department of Psychology, University of Canterbury, Christchurch, New Zealand.

Degrees/Diplomas	University	Field	Year conferred
BSc	Auckland	Psychology	1968
MSc	Auckland	Psychology	1970

#### Honours, prizes, scholarships, etc

	Year awarded
Fellow of the New Zealand Psychological Society	1995
Adcock Award, New Zealand Psychological Society	2008

#### Relevant academic and research experience

	From year	To year
Lecturer in Psychology, University of Canterbury (continuing appt)	1970	2005
Associate-Professor	2005	-
Head of Department	2006	-

Number of Publications (excluding abstracts, proceedings or letters published)

86

#### List of Publications (Since 2001).

Blampied, N.M. (Under review) Functional behavioral analysis of sleep in infants and children. In Wolfson, A., & Montgomery-Downs, H. (Ed.), *The Oxford Handbook of Infant, Child, and Adolescent Sleep: Development & Problems*. New York: Oxford University Press

Rucklidge, J.J., Andridge, R., Gorman, B., Blampied, N.M., Gordon, H., & Boggis, A. (In press). Shaken but unstirred? Effects of micronutrients on stress and trauma after an earthquake: RCT evidence comparing formulas and doses. *Human Psychopharmacology Clinical & Experimental*. DOI: 10.1002/hup.224

Kemp, S., Helton, W.S., Richardson, J.J., Blampied, N.M. & Grimshaw, M. (2012) How does a

series of earthquakes affect academic performance? In Pfeifer, K., & Pfeifer, N. (Ed.), *Forces of Nature and Cultural Responses*: in press. Berlin: Springer.

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Blampied, N.M. (2012). Single-case research and the scientist-practitioner ideal in applied psychology. In G. Madden (Ed.), *Handbook of Behavior Analysis* Vol 1. (pp 177 – 197). Washington, DC: American Psychological Association.

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Blampied, N.M. & Bootzin, R.R. (2012). Sleep – A behavioral account. In G. Madden (Ed.), *Handbook of Behavior Analysis* Vol 2. (pp 425 – 453). Washington, DC: American Psychological Association.

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Blampied, N.M. (2011) Invited Preeminent Tutorial: *Single-case research Designs: Useful tools for 21st century applied research*. Denver, CO, USA: 37th Annual Convention of the Association for Behavior Analysis International, 27-31 May 2011.

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Henderson JMT, France, K.G., & Blampied, N.M. (2011), The consolidation of infants' nocturnal sleep across the first year of life. *Sleep Medicine Reviews*, 15(4), 211-220  
Doi:10.1016/j.smr.2010.08.003

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Macfarlane, A.H., Blampied, N.M., & Macfarlane, S.H. (2011). Blending the clinical and the cultural: A framework for conducting formal psychological assessment in bicultural settings. *New Zealand Journal of Psychology* 40(2): 5-15.

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Rucklidge, J.J. and Blampied, N.M. (2011). Post-earthquake psychological functioning in adults with Attention-Deficit/Hyperactivity Disorder: Positive effects of micronutrients on resilience. *New Zealand Journal of Psychology* 40(4): 51-57.

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Henderson, J.M.T., France, K.G., Joseph L. Owens, J.L., & Blampied, N.M. (2010). Sleeping Through the Night: The Consolidation of Self-regulated Sleep Across the first year of life. *Pediatrics* (published online Oct 25, 2010). DOI: 10.1542/peds.2010-0976.

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Kemp, S., Helton, W.S., Richardson, J., Blampied, N.M. and Grimshaw, M. (2011). Sleeplessness, Stress, Cognitive Disruption and Academic Performance Following the September 4, 2010, Christchurch Earthquake. *Australasian Journal of Disaster and Trauma Studies* 2011(2): 11-18.  
[http://trauma.massey.ac.nz/issues/2011-2/AJDTS\\_2011-2\\_Kemp.pdf](http://trauma.massey.ac.nz/issues/2011-2/AJDTS_2011-2_Kemp.pdf).

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Clyne, C, Latner, J.D., Gleaves, D.H., & Blampied, N.M. (2010). Treatment of Emotional Dysregulation in Full Syndrome and Subthreshold Binge Eating Disorder, *Eating Disorders*, 18: 5, 408-424. DOI: 10.1080/10640266.2010.511930

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Britt, E., & Blampied, N.M. (2010). Motivational interviewing training: A pilot study of the effects on practitioner and patient behaviour. *Behavioural & Cognitive Psychotherapy*, 38, 239 – 244.

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O'Leary, E. Rucklidge, J., & Blampied, N.M. (2009). Thought Action Fusion and Inflated Responsibility Beliefs in Obsessive Compulsive Disorder. *The Clinical Psychologist*. 13, 84-101.

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Healey, D., France, K.G., & Blampied, N.M. (2009). Treating sleep disturbance: What generalizes? *Behavioral Interventions*, 24, 23 – 41.

Mudford, O., Blampied, N., Phillips, K., Harper, D., Foster, M., Church, J., Hunt, M., Prochnow, J., Rose, D., Arnold-Saritepe, A., Peters, H., Lie, C., Jeffrey, K., Messick, E., Sumpter, C., McEwan, J., & Wilcznski, S. (2009). *Technical review of published research on applied behaviour analysis interventions for people with autism spectrum disorders*. Wellington, New Zealand: Ministry of Education.

Blampied, N.M. (2008). Journeying under Matariki and the Southern Cross: What are our guiding stars? A Comment and Reflection on Evans (2008). *New Zealand Journal of Psychology*, 37, 15-22.

Carre, A.J.M., Le Grice, B., Blampied, N.M., & Walker, D. (2008). Picture Exchange Communication (PECS) Training for Young Children: Does Training Transfer at School and to Home? *Behaviour Change*, 26 (1), 54–65.

Williams, T.H., Carr, S.C., & Blampied, N.M. (2007). Psychological intervention in major emergencies: An Asia-Pacific perspective. *New Zealand Journal of Psychology*, 36, 126 – 135

Blackburn, S. Johnston, L. Blampied, N.M., Popp, D., & Kallen, R. (2006). An application of escape theory to binge eating. *European Eating Disorders Review*, 14, 23-31.

Britt, E., Hudson, S.M., & Blampied, N.M. (2004). Motivational interviewing in health settings: A review. *Patient Education & Counseling*, 53, 147-155

Selim, C.A., France, K.G., Blampied, N.M., & Liberty, K.A. (2006). Treating treatment-resistant infant sleep disturbance with combination pharmacotherapy and behavioural family interventions. *Australian Psychologist*, 41, 193-204.

Humm, S.P., Blampied, N.M., & Liberty, K.A. (2005). Effects of parent administered, home-based, high-probability request sequences on compliance by children with developmental disabilities. *Child & Family Behavior Therapy* 27, 27 – 45.

France, K.G., & Blampied, N.M. (2005). Modifications of systematic ignoring in the management of infant sleep disturbance: Efficacy and infant distress. *Child & Family Behavior Therapy*, 27, 1 – 16.

Clyne, C, & Blampied, N.M. (2004). Training in Emotion Regulation as a Treatment for Binge Eating: A Preliminary Study. *Behaviour Change*, 21, 269 - 281

France, K.G., & Blampied, N.M. (2004). Services and programs proven to be effective in managing pediatric sleep disturbances and disorders and their impact on the social and emotional development of young children. In R.E. Tremblay, R.G. Barr, & R.DeV. Peters (Eds.). *Encyclopedia on Early Childhood Development* [online]. Montreal, Quebec: Centre for Excellence for Early Childhood Development. Pp 1-8.  
[www.excellence-earlychildhood.ca/documents/France-BlampiedANGxp.pdf](http://www.excellence-earlychildhood.ca/documents/France-BlampiedANGxp.pdf).

Venning, H.B., Blampied, N.M., & France, K.G. (2003). Effectiveness of a standard parenting skills program in reducing stealing and lying. *Child & Family Behavior Therapy*, 25, 31 – 44.

Britt, E, Blampied, N.M. & Hudson, S.M. (2003). Motivational interviewing: A review. *Australian Psychologist*, 38, 193-201.

Blampied, N.M. (2001). The third way - Single-case research, training and practice in clinical psychology. *Australian Psychologist*. 36, 157 – 163

McLean, A.P., & Blampied, N.M. (2001). Sensitivity to relative reinforcer rate in concurrent schedules: Independence from relative and absolute reinforcer duration. *Journal of the Experimental Analysis of Behavior*, 75, 25 - 42.

## Research & Other Grants

2008-2010: TEC Priorities for Focus Fund: Bi-cultural Audit and Development of Clinical Programme. \$105,000
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2008 – 2009: ACC: Development & Evaluation of Pain-focused Couples Therapy. \$87,000.
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<b>Professional Memberships</b>
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New Zealand Psychological Society
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International Association for Applied Psychology
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Association for Behavior Analysis, International
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Association for Psychological Science
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American Psychological Association (Foreign Affiliate)
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<b>Courses Taught</b>
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Introductory Psychology- Learning & Behaviour Change
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Family Psychology
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Research Methods
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Behavioral Interventions
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